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RESEARCH ARTICLE

OCCULT NEUROENDOCRINE DIFFERENTIATION IN NON-SMALL CELL LUNG CARCINOMA

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ABSTRACT

**Introduction:** Neuroendocrine (NE) differentiation can be documented by immunohistochemistry (IHC) with the use of synaptophysin (SYN) and chromogranin (CGA) in some lung carcinomas with conventional non-small cell morphology. These tumors are referred as non-small cell lung carcinomas with neuroendocrine differentiation (NSCLC-ND) or non-small cell lung carcinoma with occult neuroendocrine differentiation. The finding of NE differentiation in some NSCLC has led to the hypothesis that these tumors may form a subgroup with a prognosis and response to treatment between NSCLC and SCLC. (Pelosi *et al.*, 2003; Wick *et al.*, 2011; Howe *et al.*, 2005)

**Aim:** To find occult NE differentiation in NSCLC using CGA and SYN.

**Materials and Methods:** The IHC markers, CGA and SYN were done on 37 NSCLC cases which compromised of 23 Squamous cell carcinomas (SCC) and 14 adenocarcinomas. Semiquantitative assessments of staining intensity and percentage of tumour cells positive were made. An Intensity Distribution (ID) score of > 1 with any marker was used as the criterion for evidence of NE differentiation.

**Results:** NE differentiation was seen in 40.54% of NSCLC. 50% of adenocarcinomas and 34.8% SCC showed NE differentiation. SYN and CGA positivity was seen in 29.7% and 24% NSCLCs respectively. Adenocarcinoma showed significant immunoreactivity for SYN (p=0.042) while SCC showed significant immunoreactivity for CGA (p=0.035)

**Conclusion:** In our study, 40.5% of NSCLC showed NE differentiation. NE differentiation was seen more in adenocarcinoma than in SCC. Synaptophysin showed significant association with adenocarcinomas and chromogranin with SCC.

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INTRODUCTION

Approximately 25–33% of all lung tumors are neuroendocrine (NE) and range from relatively low-grade to intermediate-grade tumors, including typical and atypical carcinoids, to highly malignant neoplasms which include SCLC and large cell NE carcinomas (LCNEC). NE differentiation can be documented by immunohistochemistry (IHC) with the use of synaptophysin (SYN) and chromogranin (CGA) in some lung carcinomas with conventional non-small cell morphology. These tumors are collectively referred as NSCLC with neuroendocrine differentiation (NSCLC-ND). (Pelosi *et al.*, 2003) They are also called as NSCLC with "occult" neuroendocrine differentiation. (Wick *et al.*, 2011) These lung carcinomas, do not show neuroendocrine morphology by light microscopy, but demonstrate immunohistochemical and/or ultra structural evidence of NE differentiation.

Neuroendocrine differentiation can be shown by IHC in 10-20% of SCC, adenocarcinomas, and LCC. (Travis *et al.*, 2004) In terms of treatment, the most important distinction in the diagnosis of lung carcinoma is between SCLC and NSCLC. SCLC is more chemo- and radiosensitive, but, despite this, has a worse prognosis. The finding of NE differentiation in some NSCLC has led to the hypothesis that these may form a subgroup with a prognosis and response to treatment somewhere between NSCLC and SCLC. (Howe *et al.*, 2005) A broad spectrum of immunohistochemical markers can highlight NE differentiation in lung tumors, although chromogranin (CGA) and/or synaptophysin (SYN) remain the most suitable markers due to their close correlation with the ultra structural evidence of neurosecretory granules and small clear vesicles, respectively. (Pelosi *et al.*, 2003)

Aims

To study incidence of occult neuroendocrine differentiation in non-small cell lung carcinomas.

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**MATERIALS AND METHODS**

The immunohistochemical markers such as CGA and SYN were done on 37 histologically diagnosed biopsy specimens of NSCLC cases which comprised of 23 SCC and 14 adenocarcinomas. Semi quantitative assessments of staining intensity (0 = none, 1+ = weak, 2+ = moderate, 3+ = strong) and percentage of tumor cells positive (0 = none, 1+ = 33%, 2+ = 34–66%, 3+ = 67– 100%) were made. For each antibody the score for intensity was multiplied by that for distribution to give an intensity distribution (ID) score. An ID score of > 1 with any marker was used as the criterion for evidence of NE differentiation. (Howe et al., 2005)

**RESULTS**

The present study comprised of 34 males and 3 females. The mean age among carcinomas with NE differentiation was 63.6 years. There was male preponderance with M:F::6.5:1. NE differentiation was seen in 15 out of 37 NSCLC cases (40.54%) and was absent in 22 cases (59.45%).

Table 1 shows ID scores for each antibody. Positive was defined as staining in excess of focal weak (ID score > 1). SYN was positive in 11 NSCLC cases amounting 29.7% and CGA was positive in 9 NSCLC cases amounting to 24.3%. Overall 40.54% cases of NSCLC showed NE differentiation.

**Table 1. Intensity-distribution scores for each antibody**

ID Score	SYN	CGA
0	27.02%	35.13%
1	43.24	40.54%
2	27.02%	16.21%
3	0	2.70%
4	2.70%	5.40%
6	0	0
9	0	0

NE differentiation with cell type is shown in Table 2. In the present study, 8 (34.8%) cases out of 23 SCC showed positivity for either of the IHC markers SYN and CGA. 7 (50%) cases out of 14 adenocarcinoma showed positivity for either of the IHC markers SYN and CGA. Of the 11 positive cases of SYN, 7 (63.66%) cases were adenocarcinomas and 4 (36.36%) cases were SCC. Adenocarcinoma showed significant positivity for synaptophysin (p=0.035). Of the 9 positive cases of CGA, 1 (11.11%) case was of adenocarcinoma and 8 (88.89%) cases were of SCC. SCC showed significant positivity for CGA (p=0.042).

**Table 2. Neuroendocrine (NE) positivity related to NSCLC subtype**

	SCC	Adenocarcinoma
NE +	34.8%	50%
NE -	65.2%	50%

**DISCUSSION**

Comparison of age and sex distribution is shown in Table 3. The mean age in our study was 63.6 years which was comparable to other studies. (Howe et al., 2005; Hiroshima et al., 2002) The M: F ratio was 6.5:1 showing definite male preponderance. Previous studies (Howe et al., 2005; Hiroshima

et al., 2002) have shown equal incidence among both the sexes with slight male preponderance. Comparison of Neuroendocrine differentiation among different studies is shown in Table 4. In the present study, Neuroendocrine positivity for either markers was 40.54%. Our findings were comparable to Howe et al. (2005) who reported NE differentiation in 36% of NSCLC. Graziano et al. (1994) reported 10-70% NE differentiation in NSCLC using Neuron specific enolase, Leu-7, CGA and SYN. Some studies (Ionescu et al., 2007; Berendsen et al., 1989) have found a low number of NSCLC's showing NE differentiation (13.6%).

**Table 3. Comparison of Age and sex incidence among different studies**

	Howe et al. (2005)	Hiroshima et al. (2002)	Present study
No of cases	98	90	37
Age	62	65	63.6
Sex ratio	1:1.82	1: 1.33	6.5:1

**Table 4. Comparison of Neuroendocrine differentiation among different studies**

	Howe et al. (2005)	Ionescu et al. (2007)	Graziano et al. (1994)	Berendsen et al. (1989)	Present study
NE differentiation	36%	13.6%	10-70%	30%	40.54%

**Table 5. Comparison of Neuroendocrine markers positivity among different studies**

	Howe et al. (2005)	Ionescu et al. (2007)	Sundaresan et al. (1991)	Present study
SYN	17.6%	7.5%	23%	29.7%
CGA	1%	0.4%	7%	24.32
NCAM	28%	8.6%	-	-
NSE	-	-	57%	-
Other markers (CKBB+BLP+NT+UJ-13A)	-	-	48%	-

**Table 6. Comparison of Intensity distribution score of Synaptophysin among different studies**

	Howe et al. (2005)	Present study
0	72.1%	27.02%
1	10.3%	43.24%
2	8.2%	27.02%
3	5.2%	0
4	2.1%	2.70%
6	2.1%	0
9	0	0

**Table 7. Comparison of Intensity distribution score of Chromogranin among different studies**

	Howe et al. (2005) (%)	Present study (%)
0	91.8	35.13
1	7.2	40.54
2	1	16.21
3	0	2.70
4	0	5.40
6	0	0
9	0	0

Comparison of Neuroendocrine markers positivity among different studies is shown in Table 5. In the present study out of

37 NSCLC, 29.7% and 24.3% of cases were positive for SYN and CGA respectively. Immunostaining for SYN was more compared to CGA immunoreactivity. Adenocarcinoma showed significant positivity for synaptophysin ( $p=0.035$ ) while SCC showed greater positivity for CGA ( $p$  value= $0.042$ ). Our study findings correlated well with all the above studies (Howe *et al.*, 2005; Ionescu *et al.*, 2007; Sundaresan *et al.*, 1991) where SYN showed more positivity than CGA. Howe *et al.* (2005) reported SYN, CGA and NSE immunostaining in 17.2% 1% and 28% of tumors respectively. Furthermore they found NCAM showed higher positivity for SCC as compared to SYN. Ionescu *et al.* (2007) reported 7.5%, 0.4% and 8.6% immunoreactivity for SYN, CGA and NCAM respectively. They found that SNP is more likely to be expressed in adenocarcinoma ( $P=0.01$ ) and N-CAM in SCC ( $P=0.008$ ). Similar to our study, Pelosi G *et al.*<sup>1</sup> found SCC showed more CGA immune reactive cells compared with adenocarcinomas ( $P=0.015$ ).

Table 6 and 7 show comparison of intensity distribution score of SYN and CGA respectively among different studies. In a study by Howe *et al.* (2005) they found positive ID score of 2, 3, 4, 6 and 9 for SYN in 8.2%, 5.2%, 2.1%, 2.1% and 0% cases respectively. In present study, positive ID score for SYN of 2, 3, 4, 6 and 9 was seen in 27.02%, 0%, 2.70%, 0% and 0% respectively. For CGA, Howe *et al.* (2005) found positive intensity distribution of 2 in 1% cases. None of the cases showed ID score of 3 and above. In present study, positive ID score of 2, 3 and 4 was seen in 16.21%, 2.70% and 5.40% respectively. None of the cases showed ID score of 6 and 9. In our study 50 % of adenocarcinoma and 34.8% SCC showed NE differentiation. There was greater proportion of NSCLC-ND in adenocarcinoma. Similar results were found in a previous study<sup>1</sup> which reported NE differentiation in 17% adenocarcinoma and 13 % SCC.

Poorly differentiated adenocarcinomas and undifferentiated LCC showed the highest percentage of positive samples (30%-60%) with diffuse and intense immune staining. Poorly differentiated SCC, bronchioalveolar adenocarcinomas, and giant cell carcinomas showed a lower percentage of positive samples (20%) with moderate immune staining. (Baldi *et al.*, 2000) Similar results of adenocarcinoma showing greater proportion of NE differentiation were reported in other studies. (Graziano *et al.*, 1994; Berendsen *et al.*, 1989) No difference in NE differentiation between cell types was reported in one of the previous studies (Howe *et al.*, 2005)

## Conclusion

In present study we found 40% of NSCLC showed NE differentiation. The findings of present study suggest that NE differentiation is seen more in adenocarcinoma than in SCC. Synaptophysin shows significant association with adenocarcinomas and chromogranin with SCC.

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