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RESEARCH ARTICLE

STUDY OF DIFFERENT TYPES OF CHORDOMAS, A CASE SERIES

*Dr. Mohammad Banyameen Iqbal, Dr. Tushar Kambale, Dr. Atul K. Jain and Dr. Iqra Mushtaq

Department of Pathology, Dr DY Patil Medical College, Pune, India

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ABSTRACT

Chordoma is a rare, low grade, primary malignant bone tumour arising from primitive notochord remnants. It accounts for 1-4% of all primary skeletal tumours. Sacrum represents the more common anatomical site of origin followed by skull base region, cervical vertebrae and thoracolumbar vertebrae. Ours is a case series of three patients diagnosed to be suffering from different types of chordoma's, that is conventional, chondroid and de-differentiated based on histopathology, immunohistochemistry and radiological findings.

INTRODUCTION

Chordoma is a rare low grade, primary malignant bone tumour arising from primitive notochord remnants. It accounts for 1-4% of all primary skeletal tumours. Sacrum represents the more common anatomical site of origin followed by skull base region, cervical vertebrae and thoracolumbar vertebrae. Muller in 1858 was the first person to propose that the tumor was related to the notochord while as Ribbert was the first person to coin the term 'chordoma' in 1894. Data from Swedish registry (2009) found that annual incidence of chordoma was 0.5% per million individuals and that chordoma was responsible for 17.5% of all primary malignant bone tumors. A small number of families have been reported in which multiple relatives have been affected by chordoma. In four of these families duplication of the brachyury gene was found to be responsible for causing chordoma. A possible association with tuberous sclerosis complex (TSC1 or TSC2) has been suggested

MATERIAL AND METHODS

- 2 years retrospective study was done in a tertiary care medical institute (SKIMS) from January 2009 - Dec 2010
- Data and slides were collected from the histopathology section of the hospital
- 3 cases of chordoma were reported with one each at the clivus, sacrum and lumbar vertebrae.
- Mean age was 50 years.
- Histopathological spectrum: 1 conventional, 1 chondroid and 1 de-differentiated chordoma

RESULTS

Case 1

- 60 years male admitted under hospital registration no: 644914, date of admission: 28/01/2009 came with a history of Difficulty in walking and lower back ache for the last 2 weeks and history of Constipation for the last 1 year.

O/E: Patient ambulatory.

- Systemic Examination: clinically no abnormality detected
- Motor examination: Bulk, Sensory and Tone Normal.

MRI spine





Fig. 1. A large expansile lytic lesion involving sacrococcygeal junction with soft tissue extension

FNAC

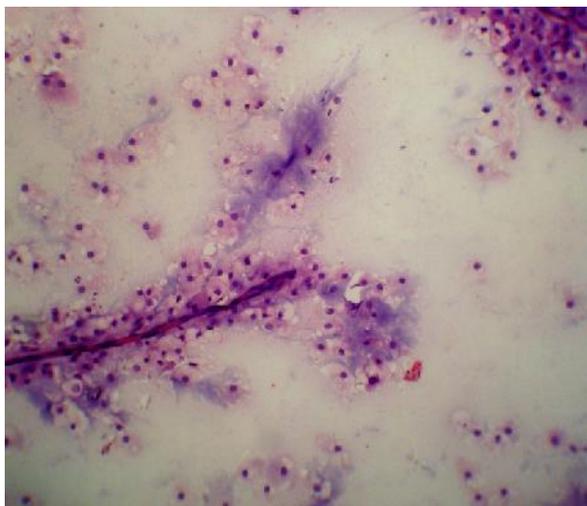


Fig. 2. Impression: Tumour cells with abundant vacuolated pale cytoplasm (physaliphorous cells)

Histopathology

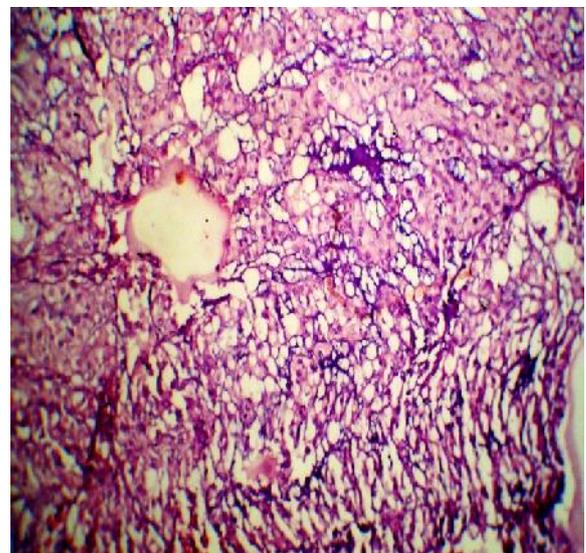
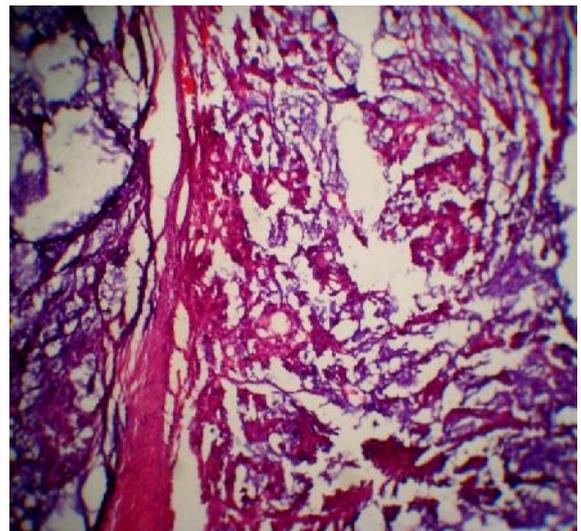


Fig. 3. Reveals presence of very tiny bits of tissue, the cells show histomorphology suggestive of features of a chordoma

IMMUNOHISTOCHEMISTRY

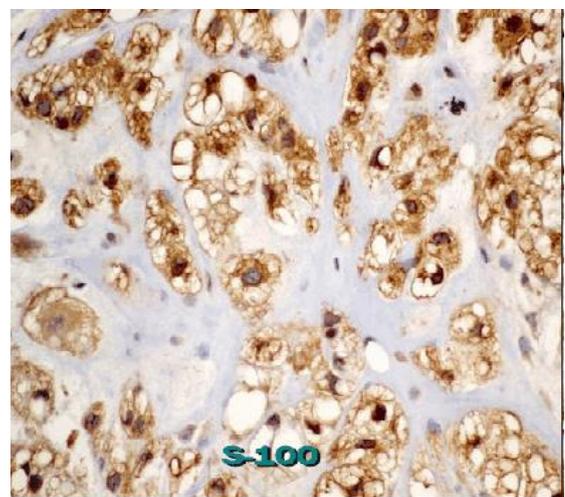


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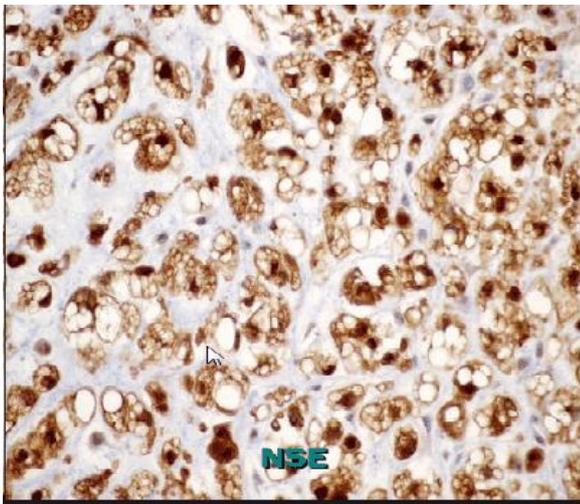


Fig. 4. S-100 and NSE Positivity

Case 2: 55 years old male, admitted under hospital MRD NO: 982738 on 15/06/2009 came with a history of Lower back ache, Loss of appetite, Weight loss for the last 3 months. Weakness in left lower limbs and Urinary retention 1 week.

O/E: Chest, CVS, P/A: Clinically within normal limits

CNS:

- BULK- Decreased in all limbs
- TONE- Normal

Power

- **Upper limbs** **Lower limbs**
- Rt: G 0-1 Rt: G II
- Lt: G III Lt: G III

MRI SPINE: A large enhanced soft tissue mass lesion seen in relation to S1-S3 Vertebrae with destruction of underlying bone involving posterior elements and paravertebral soft tissue. Hyperintense on T2w1, Hypointense on T1w1, Another lytic lesion destroying c2-c4 vertebrae

IMPRESSION: Metastatic bone disease

HISTOPATHOLOGY

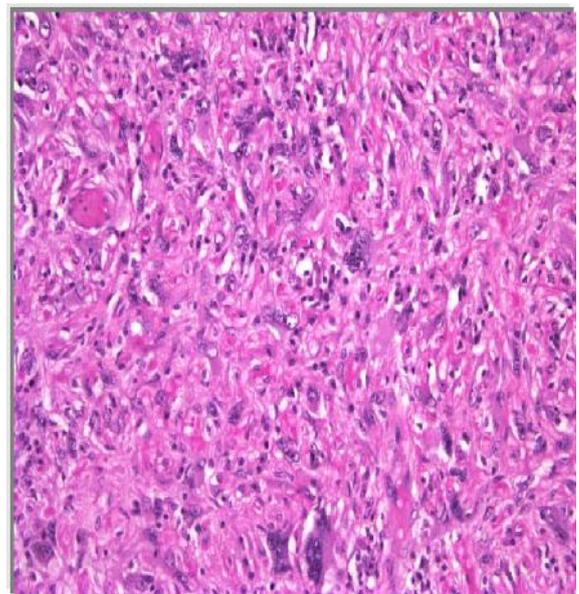
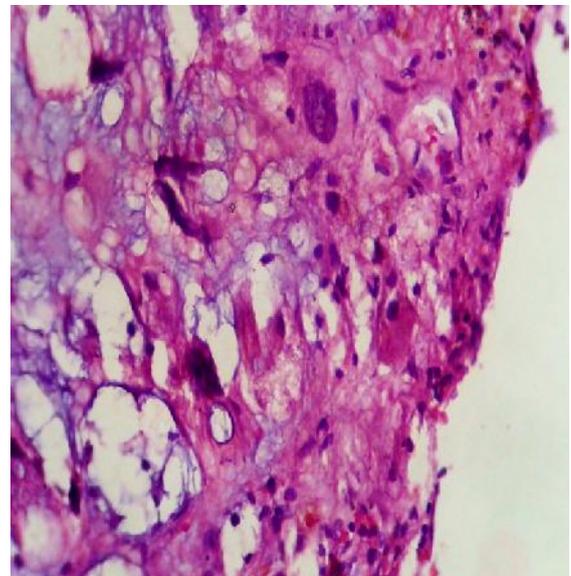
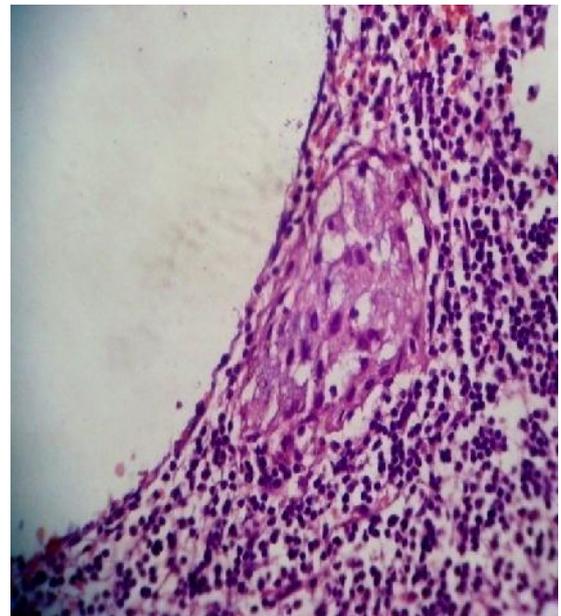
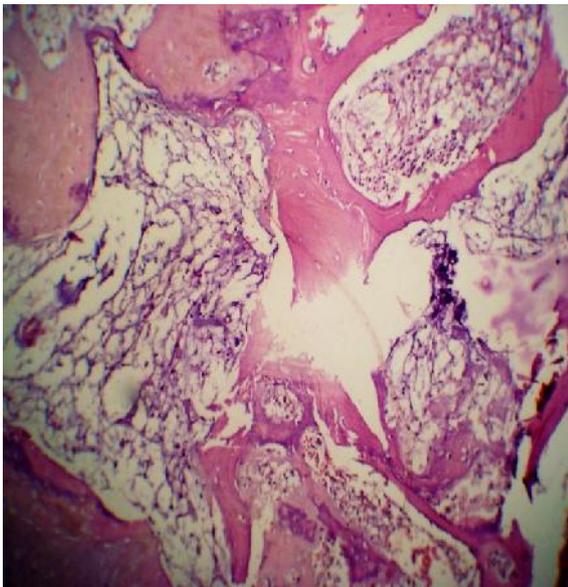


Fig. 5. Impression: Dedifferentiated Sacral chordoma - with metastasis to cervical spine

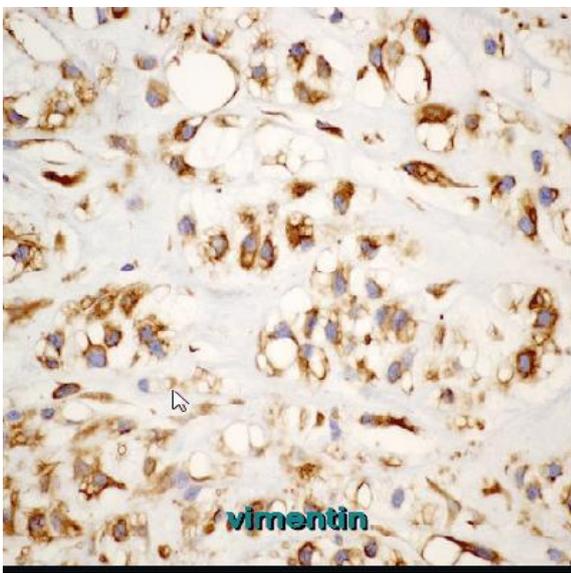
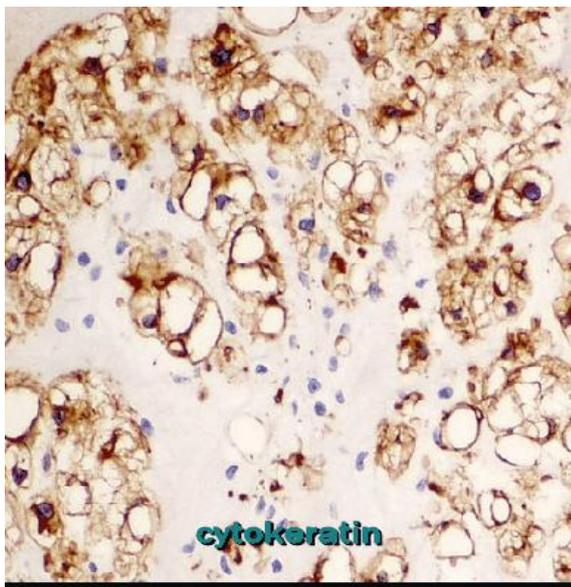


Fig. 6. Impression: cytokeratin and vimentin positivity for chordomas



Fig. 7. Impression: Metastasis, Chordoma

CASE 3: 35 years old male admitted under MRD NO: 384006 on 23/08/2010 came with a history of Blurring of vision for the last 8months, Headache, dysarthria from 6 months.

O/E: CHEST, CVS – clinically normal, P/A: Soft, clinically within normal limits and
CNS: Cognitive functions intact.

CECT: There is a large irregular mass seen at CV junction anteriorly causing bulge of nasopharynx and posteriorly extending into prepontine cistern causing gross compression of pons and medulla.

Histopathology

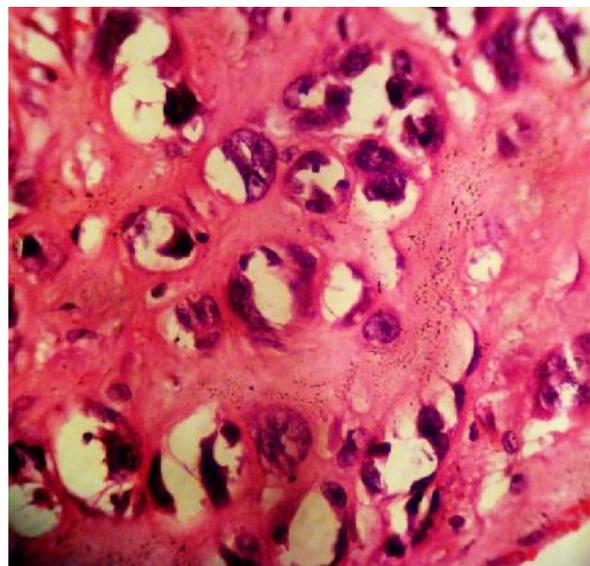
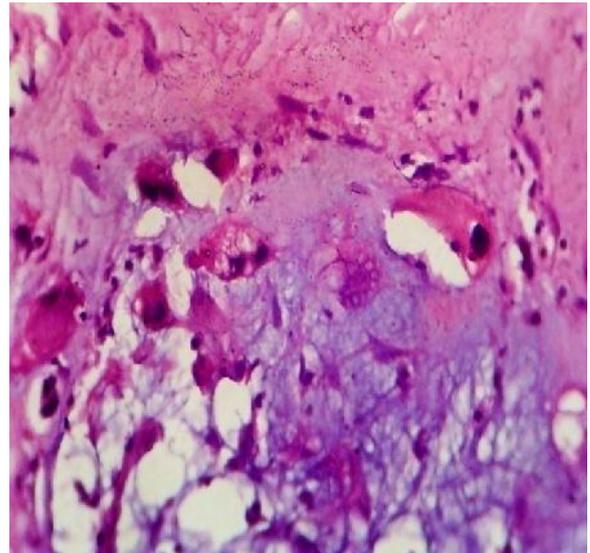


Fig. 8. Impression: Chondroid chordoma – Clivus

DISCUSSION

A chordoma is a rare type of cancerous tumor that can occur anywhere along the spine, from the base of the skull to the tailbone. A small number of families have been reported in which multiple relatives have been affected by chordoma. In four of these families duplication of the brachyury gene was

found to be responsible for causing chordoma. A possible association with tuberous sclerosis complex (TSC1 or TSC2) has been suggested

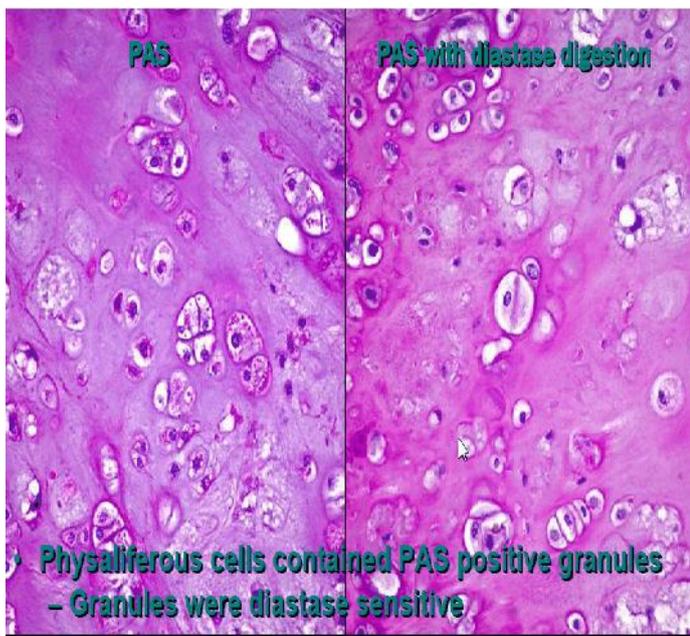
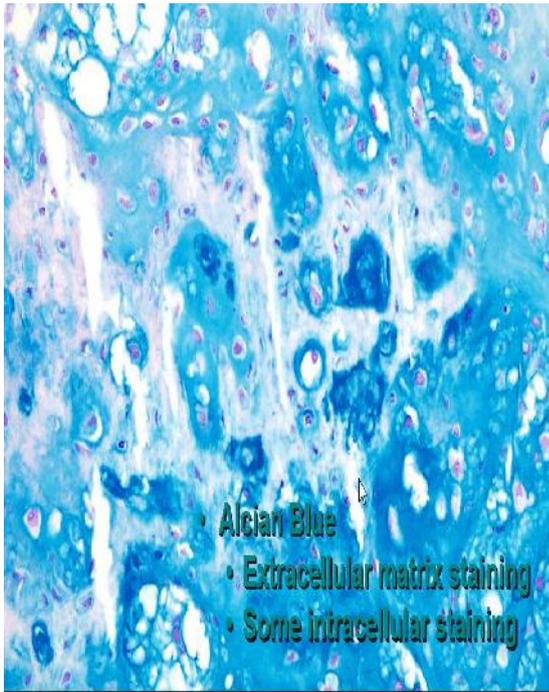


Fig. 9. Alcian blue staining PAS Diastase sensitive

PROGNOSTIC FACTORS

- Age
- Gender
- Tumour size
- Positive surgical margins
- Tumour necrosis
- Mib-i index
- Histopathological variant

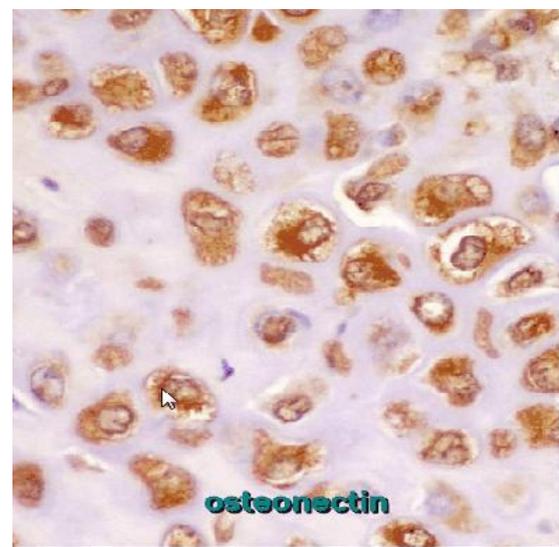
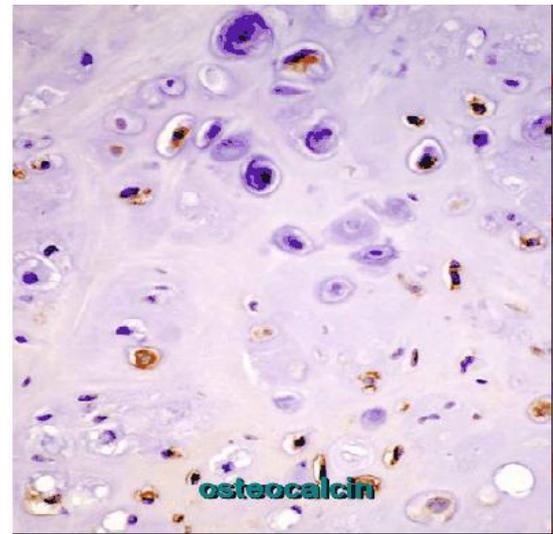


Fig. 10. Osteocalcin and osteonectin

TREATMENT

- Radical enbloc resection.
- High energy photon/proton beam radiation.
- There are no drugs currently approved to treat chordoma, however a clinical trial conducted in Italy using the PDGFR inhibitor Imatinib demonstrated a modest response in some chordoma patients.
- The combination of imatinib and sirolimus caused a response in several patients whose tumors progressed on imatinib alone.

Conclusion

- 1) Low grade primary bone tumour
- 2) Clinically they can present in varied forms
- 3) FNAC has a high sensitivity of diagnosing it.
- 4) Physaliferous cell remains the hallmark of tumor.
- 5) Histopathology & IHC together has high specificity in diagnosis.
- 6) Recurrence occurs in approximately 40 to 60% of cases.
- 7) Rate of metastasis varies from < 5% to 43 %.
- 8) Radical resection and EBRT remains the gold standard of treatment

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