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## RESEARCH ARTICLE

# A SYSTEMATIC REVIEW (SR) AND META-ANALYSIS (MA) RELATED TO TRAINER COMPETENCIES IN HIGHER EDUCATION INSTITUTIONS (HEI) IN GULF COUNTRIES

## \*Dr. Saba Mansoor Qadhi

Teacher Education and CPD, Ph.D., Associate Director, Core Curriculum Program, Deanship of General Studies.

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#### \*Corresponding author: Dr. Saba Mansoor Qadhi

#### **ABSTRACT**

Background: In higher education, the trainer required some essential competencies. The term competence is understood as skills, knowledge, and characteristics that enable tasks to be carried out effectively and objectives to be accomplished effectively in a given role in the context of the organization's strategic goals. The study's primary purpose is to understand the ongoing educational reforms aiming to facilitate student competencies demands clarification, development, and evaluation of what competencies are required for teachers, university instructors, and trainers. Methods: The present study was carried out as a systematic review and meta-analysis. This review adhered to guidelines set by the PRISMA statement for systematic reviews and meta-analysis. We systematically searched Google Scholar, ERIC (education), Scopus, ProQuest, EBSCO HOST, Sociological Abstracts (sociology), and Psych INFO (psychology) with the appropriate key terms databases to identify eligible articles on trainer competencies in HEI with the appropriate key terms. Heterogeneity in effect sizes was assessed for the single-level analyses using Cochrane's Q for significance testing and I<sup>2</sup> to indicate the level of heterogeneity in interpretable form. Results: In an initial literature search, a total of 1282 articles were found on the trainer competencies in HEI.Fifty-three studies with measurable skills were finally included for meta-analyses. A total of 23 outcome measures were included in the current review. Many studies reported that the communication skills that developed Teacher competency were 14.63% (95% CI 8.92%-22.10%) followed by interdisciplinary/ collaboration work, which created teacher competency 16.86% (95% CI 10.08% - 24.96%). Conclusion: A teaching competency framework that can be used as a starting point for teacher assessment in higher education has been developed and validated. In contemporary society, the career of an academic trainer is special in both place and role. In addition, there is an association among learning materials, teachers, and students in the educational process, so it is essential to train teachers for the career, which should concentrate on equipping them with relevant skills and competencies.

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# INTRODUCTION

In higher education, teaching approaches are becoming more centered on students, which require specific teaching competencies (Tigelaar *et al.*, 2004). The word competence is defined as a combination of skills, characteristics, and knowledge, making for successful mission fulfillment and successful target accomplishment in a specific role within the organization's adopted strategic goals.

Such composition of skills, personal characteristics, and expertise can be described as the profile of competence required for successful role fulfillment at a work position. This way, the competencies related may be applied to both the work role and the individual carrying out the work (Bie kowska *et al.*, 2011). Throughout Higher Education Institutions (HEIs), the question of competence and administration in this group is often of special significance (Bieńkowska *et al.*, 2019). Leadership in HEIs (also called educational leadership, university leadership, and academic leadership) influences the achievement of goals and defines these institutions' success. Hence, both the practice and leadership theory in HEIs are

experiencing serious difficulties nowadays (Bolden et al., 2008). Zlatic et al. (2014) describe teachers' communication competence in their attitudes, motivational dispositions, abilities, skills, and knowledge. It is considered a teacher's ability to choose appropriate behavior to achieve social interaction goals. Communication skills are seen as essential for optimizing student performance and increasing the productivity of teachers in all parts of the teaching process. There is a number of teaching methods available to choose from to meet the goals of a given course. Therefore, the skills relating to its proper selection and use are of particular importance in this field of work. In most Universities, lecturing as a means of information exchange and teaching is still a common way of teaching. Nevertheless, new courses are increasingly present (Nilson, 2010). While over the past few years, there have been studies relating to trainer competencies in HEIs. The analysis of a trainer's competency is essential in the HEIs. Stakeholders in higher education, including the trainer, course developers, instructors, administrators, and leaders, need to familiarize themselves with various applications and learning methods in higher education (Scheffel et al., 2014). The word 'attribute' applies to a trait or characteristic of someone that may be part of the essence of the individual or may be formed by life experience. The word 'skills' applies to the capacity to conduct a specific activity or task acceptably. Key elements for employability are skills and attribute. They also contribute to the capacity to adapt awareness of information awareness way to achieve a task or mission. Knowledge is described as the relationship between the opportunity (situation) and capacity (intelligence) to know more; it includes concepts and theory. The word competence applies to basic skills (attitudes, knowledge, and skills) (Abdulwahed et al., 2013).

A wide range of defining skills has been required for trainer skills in HEIs. The current systematic review and metaanalysis were conducted to identify trainer competencies' various roles and skills in higher education institutions. Thus, the present study aimed to comprehensively review the different roles and competencies involved in the different types of HEIs and to identify the knowledge, skills, and attitude making up the competencies and their specific roles, followed by identifying the various theoretical foundations applied to study the competencies in higher education and dominant research methods employed to examine the different roles and competencies in HEIs. The present study helps develop and validate a framework in higher education of trainer competencies in Gulf Countries that can be used to design, evaluate, and deliver training through a research-based approach.

#### **METHODOLOGY**

Research Objectives: The present study addresses the following main research question: What are the essential trainer competencies in higher education? The primary purpose of the study is to understand the ongoing educational reforms aiming to facilitate student competencies demands clarification, development, and evaluation of what competencies are required for teachers, university instructors, and trainers. The answer to the research question was obtained by performing a systematic review and meta-analysis of the studies available in the field.

**Study Design:** The present study was carried out as a systematic review and meta-analysis. This review adhered to guidelines set by the PRISMA statement for systematic reviews and meta-analysis.

**Inclusion and exclusion criteria:** All original research articles published between the years 2000 to 2020 related to trainer competencies in higher education institutions, articles published in the English language, and all study designs, including empirical, qualitative, or quantitative studies, were included in this review.

Exclusion criteria were grey literature, including presented abstracts, letters to the editors, commentaries, systematic review or meta-analysis articles, unavailability of the full text of the article, studies that only had procedural information, and articles published before the year 2000 were also excluded.

Data collection: A literature search was carried out on the following databases, including Google Scholar, ERIC (education), Scopus, ProQuest, EBSCO HOST, Sociological Abstracts (sociology), and PsychINFO (psychology) with the appropriate key terms. Key search terms included "ICT competencies of teachers," "higher education teaching universities," "distance educations," "trainer competencies," "e-learning," "higher education," "institutions," "university," "university instructors," "trainers," "training program," "postsecondary education," and "college." The bibliographic lists were also screened for the included articles.

**Data evaluation and analysis:** In an initial literature search, a total of 1282 articles were found on the trainer competencies in higher education institutions (HEI). Authors independently reviewed articles related to trainer competencies in higher education institutions for eligibility assessment. Instead, both authors reviewed the complete text of relevant articles for identification inclusion eligibility.

The articles were initially screened based on their title, followed by the article's abstract. The case title and abstract of the articles were irrelevant to the present investigation; these were excluded from the secondary screening. The full text assessed articles were further excluded based on insufficient information regarding the trainer competencies in higher education institutions. The characteristics included in this study were sample size, setting, experimental design, theoretical grounding, and overall findings.

**Statistical analysis:** Revman software was used for analyses.  $I^2$  statistics were used for the assessment of heterogeneity across studies. Using the fixed-effect model, the pooled effect size estimations were done if heterogeneity was not significant or the random-effect model if there was substantial heterogeneity. Visual inspections of funnel plots investigated publication bias.

# RESULTS

Characteristics of studies: In an initial literature search, a total of 1282 articles were found on the trainer competencies in higher education institutions (HEI).

| Author, year,<br>(with hyperlinks)                    | Country                  | Objective   | Type of<br>University  | Target population   | Sample size (M/F)  | Study design  | Tool used   | Competencies measured  | Theory applied   | Education type<br>(online vs. face<br>to face) |
|---|--------------------------|---|--|---|--|---|---|--|--|--|
| Spendlove,<br>M. (Spendlove, 2007)                    | UK                       | Investigate the role of the Pro-<br>Vice-Chancellor, Rector, or<br>Principal of a university & the<br>competencies (AKB) needed<br>for effective leadership in HEIs | English<br>universities  | Pro-vice-<br>Chancellors (PVC)  | N=10, PVCs agreed to participate:<br>five from post-1992 universities<br>(former polytechnics) and five<br>from pre-1992 universities. | Qualitative   | Sem-structured<br>Interview<br>Interview: Face<br>to Face | Attitudes, knowledge, and behaviors  | Transformation al<br>Leadership theory<br>& Competency<br>model by<br>Bartram's (2005) | face to face                                   |
| Tigelaar <i>et al</i> (Tigelaar <i>et al.</i> , 2004) | Netherland               | To develop a framework for<br>teaching competency and<br>validate it  | University of<br>Maastricht,<br>Netherlands  | Teaching competency in higher education   | 63   | Factor analysis model   | Interview   | Pedagogical competencies of an online teacher                                | NR   | Online   |
| Guasch et al<br>(Guasch et al., 2010)                 | European<br>Universities | To evaluate the educational<br>ICT Competency Framework<br>for University Teachers  | The Open<br>University of<br>Catalonia,  | Roles of online<br>teachers within the<br>European higher<br>education context,         | Professional teacher n = 40<br>Teacher trainer n=40  | Focus group & Delphi method   | Interview   | Essential competancies For higher education                                  | NR   | FF   |
| Williams (2003)                                       | America                  | To identify the roles and competencies needed in distance education in higher education   | Distance<br>education<br>programs in<br>American<br>Universities                         | HE via distance education programs  | Professionals n=18 Directors n=7 Distance education professors n=4 Deans n=2 Instructional designers n=2 Coordinator & Manager n=1+1=2 | Multistep<br>Delphi analysis  | Interview: Face to Face                                   | Competency essential for distance education in HE                            | NR   | FF   |
| Nworie et al (Nworie et al., 2012)                    | USA                      | To evaluate the qualities and<br>qualifications sought in<br>distance education leaders by<br>institutions of higher education<br>in the United States              | Multiple<br>teaching<br>universities of<br>the USA that<br>offered distance<br>education | Qualities and<br>Qualificationsought<br>by HE Institutions<br>for distance<br>education | 191 Announcements (Dean, director, provost, Vice president, Coordinator & Manager)   | Content<br>analysis<br>Qualification<br>coding scheme                     | Information retrieval the from internet                   | Competencies and qualifications for distance education                       | Non-reactive<br>unobtrusive<br>measures (Wet al.t<br>al, 1981)                         | Web-based<br>study                             |
| Duta &Rafaila(1976)                                   | Romania                  | To compare the competencies of teachers for students Spain and Romania  | Technical Universities from Romania &spain   | Teachers and professionals  | Teachers n=485   | Integrated<br>Quantitive&Qu<br>alitative<br>analysis                      | Written<br>Questionaire                                   | Relational competencies of university teachers                               | Competence<br>model (Zaharia <i>et</i><br><i>al</i> , 2008)                            | Structured interview                           |
| Sharma (Sharma, 2015)                                 | India                    | To develop a competency guide for the "Managers to be".   | Management<br>Institution  | Functional<br>Managaers&Manage<br>menstudents   | Functional Managers n=200<br>Management students n=500<br>(Pharma, IT, power)  | By acceptable<br>standard<br>methods                                      | Structured interview                                      | Role of HE in developing<br>human capital –<br>competency analysis           | NR   | Face to Face<br>Interview                      |
| Shuttuck et al (Shattuck et al., 2011)                | Maryland                 | To study inter-institutional competencies to train HE to teach online   | Maryland<br>Online faculty,<br>University of<br>Maryland                                 | Adjunct faculty   | Faculty n=27<br>Managers n=13<br>Faculty traners& Technologists<br>n=13  | Certificate for<br>Online Adjunct<br>Teaching                             | Structured questionnaire                                  | Competencies to train<br>Higher Education Adjunct<br>Faculty to Teach Online | NR   | Web-based<br>survey (sent by<br>mail)          |
| Martin et al<br>(Martin et al., 2019)                 | USA                      | To identify the roles of the<br>online instructor and categorize<br>critical competencies for online<br>teaching based  | HE Universities in the USA   | Faculty<br>Y member, online<br>tutors   | Faculty &Oline tutors n=8 (6F/2M)  | Three<br>3 distinct study<br>semi   | structured<br>questionnaire                               | Roles and responsibilities of online instructors                             | NR   | Semi-structured interview                      |
| Aydin et al. (Aydin, 2005)                            | Turkey                   | To identify roles, competencies, and resources for online teaching in Turkey by asking online mentors   | Anadolu<br>University  | Online mentors  | Mentors<br>N-55  | Online Teaching Roles, Competencies and Resources Questionnaire" (OTRCRQ) | Survery<br>Questionnaire                                  | Online mentor  | Quantitative<br>analysis   | Survey   |

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| Briggs (Briggs, 2005)                                   | Scotla<br>nd                    | To study the changing roles<br>and competencies of<br>academics                                  | Post-92 Uiversity,<br>Business School                              | Academicians                        | Business tutorsn=105<br>N=59 both online and<br>offline teaching                     | Snowball sampling method                   | Questionnaire | Competency of online and offline tutor in business school              | NR                            | Face to face<br>Interview             |
|---|---------------------------------|--|--|-------------------------------------|--|--|---------------|--|-------------------------------|---------------------------------------|
| Darab <i>et al.</i> (2006)                              | USA                             | To identify and validate distance education (DE) instructor competencies                         | Distance Teaching universities                                     | Faculty<br>members &<br>Instructors | Mentors & Faculty from<br>-23 Universities, 2-<br>Canada, Netherlands &<br>Australia | Fink's (1998) recommendation               | Questionnaire | To evaluate the competency for DE                                      | NR                            | Face to face<br>Interview             |
| Trung et al (Trung & Swierczek, 2009)                   | Vietna<br>m                     | To explore the status quo of skills development  | 4 Teaching universities in Ho Chi Minh City                        | Students                            | Department managers<br>n=251<br>Students n=717                                       | Factor analysis                            | Questionnaire | To study the graduate competencies & employer needs                    | 5-point Likert<br>scale model | Survey interview                      |
| Rieckmann et al (2012)                                  | Europ<br>e &<br>Latin<br>americ | To identify the key competency for HE in university teaching & learning                          | 4 Teaching universities from Great Britain, Chile, Ecuador, Mexico | Mentors                             | 18 Experts   | Delphi analysis                            | Questionnaire | Key Competency for<br>sustainable development<br>teaching universities | NR                            | Structured<br>questionnaire<br>survey |
| Mishra (2005)   | India                           | To identify roles and competencies of academic counselors in DE                                  | Indira Gandhi<br>National Open<br>University<br>(IGNOU)            | Academic<br>Counsellors             | 8 experts  | Descriptive<br>measures,<br>ANOVA          | Questionnaire | Competency of Academic counselors                                      | NR                            | Structured<br>questionnaire<br>survey |
| Thomas & Graham (2019)                                  | USA                             | To study the Online<br>teaching competencies in<br>observational rubrics                         | Post-secondary<br>institutions in the<br>USA                       | Researchers                         | 2 trained researchers  | Percentage<br>analysis of coded<br>rubrics | Questionnaire | Competency for successful online teaching                              | NR                            | Coding<br>questionnaire               |
| Kirschner <i>et al</i> (Kirschner <i>et al.</i> , 1997) | Ameri<br>ca                     | To study the Business Game Learning Environment (BuGLE)  | Ou University,<br>Distance Education                               | Business<br>Faculty                 | Business mentors n=20  | An integrated system approach              | Questionnaire | Competencies of faculty in Business DE                                 | NR                            | Face to face interview                |
| Roberts et al. (2018)                                   | South<br>Africa                 | TInvestigatesthe perceptions of the teaching and research staff                                  | University of South<br>Africa                                      | Distance<br>Educators               | Academic teachers and researcher n=10  | Factor analysis                            | Questionnaire | Competency of distance education staff                                 | NR                            | Email<br>Questionnaire                |
| Williams (Hyatt & Williams, 2011)                       | USA                             | To study the competencies<br>necessary for faculty<br>members of doctoral<br>leadership programs | Doctoral problems<br>in Us Universities                            | Faculty<br>members                  | Doctoral researcher n=10   | Delphi study                               | Questionnaire | Competencies for faculties<br>teaching doctoral<br>researchers         | NR                            | FF & telephonic interview             |
| Pearson et al. (2007)                                   | UAE                             | Competency skills of teachers In UAE universities  | Teaching<br>universities   | Teaching faculties                  | 23 Universities n=23   | NR   | Questionnaire | Competencies of teachers in UAE  | NR                            | FF interview                          |
| Hijazi <i>et al.</i> (2008)                             | UAE                             | To Study the UAE Higher<br>Education Sector in Dubai's<br>Strategic Objectives                   | United Arab<br>Emirates University                                 | Teacher<br>faculties &<br>Employers | Employees<br>n-1455  | Manova and students t-test                 | Questionnaire | Competencies of teachers in UAE  | NR                            | FF interview                          |
| Allen et al (Allen et al., 2005)                        | USA                             | To study the competency of graduate students   | Graduate<br>universities of USA                                    | Graduate<br>teachers                | Graduate students  | Factor analysis                            | Questionnaire | Competencies of graduate students                                      | New<br>Conceptual<br>model    | Survey                                |

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| Teixeira and Davey(2010)   | Portuguese       | Competencies of HE students in venture creation  | University of<br>Porto                             | Rectors &<br>Directors             | Under & Postgraduate students n=4413                                 | Multicourse<br>approach           | Questio<br>nnaire        | Competencies of HE students  | NR                                | Survey<br>study                 |
|--|------------------|--|--|------------------------------------|--|-----------------------------------|--------------------------|--|-----------------------------------|---------------------------------|
| Gulevska&Atanaso<br>ska <i>et al</i> (Gulevska<br>& Atanasoska,<br>2015) | Macedonia        | Ethical competencies of teachers   | Universities of<br>Macedonia                       | Teachers & Faculty member          | Graduate student<br>n=240  | Factor<br>analysis                | Questio<br>nnaire        | Competencies of teachers   | NR                                | Questio<br>nnaire               |
| Iqdami and Branch (2016)   | USA              | Examining Multimedia<br>Competencies for Educational<br>Technologists in Higher<br>Education | University of<br>Georgia                           | Educationist                       | Experts,<br>specialists,<br>Associates,<br>Bachelors<br>M=71<br>F=69 | Ordinal<br>Logistic<br>Regression | Questio<br>nnaire        | Educational Technology<br>Multimedia Competencies<br>across Demographics                               | NR                                | Online<br>intervie<br>w         |
| Schultz (2010)   | South<br>Africa  | To study the HR competencies in a higher education institution                               | Teaching University in South Africa                | Teachers                           | Permanent<br>teachers n=1363   | Principal<br>factor<br>analysis   | Questio<br>nnaire        | HR competencies at a emerged HE university   | Quantitative<br>research<br>model | Survey<br>type<br>intervie<br>w |
| Alghazo (Alghazo, 2006)  | UAE              | To study the computer competency of faculty members in college                               | United Arab<br>Emirates<br>University              | Teaching faculty                   | Permanent<br>teachers  | Factor<br>analysis                | Questio<br>nnaire        | Computer competencies at a university's  | NR                                | Survey<br>type<br>intervie<br>w |
| Badri et al (Badri et al., 2016)   | Abudhabi,<br>UAE | To study teacher development needs   | Teaching<br>schools in Abu<br>Dhabi                | Teaching faculties                 | Permanent teachers n=20  | Delphi<br>analysis                | Questio<br>nnaire        | Teaching and learning competencies   | TALIS<br>method                   | FF<br>intervie<br>w             |
| Warn & Tranter<br>(Warn & Tranter,<br>2001)                              | Australia        | Measuring Quality in Higher<br>Education: A competency<br>approach                           | Graduates from<br>the University<br>of South Wales | Graduate<br>Students               | A graduate student (1640)  | Perception<br>analysis            | Questio<br>nnaire        | Graduate perception of quality in HE   | NR                                | Survey<br>type                  |
| Malkawi&Choudry<br>(Malkawi &<br>Choudhry, 2015)                         | UAE              | Smart learning competency  | Universities of<br>Arabia                          | Postgraduat<br>e student           | Postgraduate students n=120  | Paired t-test                     | Questio<br>nnaire        | Postgraduate competency  | NR                                | FF intervie w                   |
| Fehér (Fehér, 2014)  | UAE              | e-learning & mobile competency   | Arab open universities                             | Graduate students                  | Graduate students  | Factor<br>analysis                | Questio<br>nnaire        | e-learning & mobile competency   | NR                                | Online<br>survey                |
| Bawane& Spector<br>(Bawane & Spector, 2009)                              | USA              | To study the Competency of distance education faculty  | DE Universities in the USA                         | Faculty<br>from DE<br>universities | Teaching faculty   | Regression analysis               | Questio<br>nnaire        | Competency of distance education faculty   | NR                                | Online<br>survey                |
| Metz & Bezuidenhout (De Metz & Bezuidenhout, 2018)                       | South<br>Africa  | To investigate the role of the e-tutor within an open distance learning (ODL) HE institution | University of<br>South Africa                      | E- tutors                          | E- tutors n-164  | Factor<br>analysis                | Questio<br>nnaire        | Competence analysis of the roles and competencies of e-tutors at an open distance learning institution | NR                                | Online<br>survey                |
| Gonzales<br>(Patiño-González,<br>2009)                                   | Mexico           | To study the ethical and citizenship competencies of HE students                             | Graduate<br>schools in<br>Mexico                   | Undergradu<br>studentdens          | UG students<br>n=4920  | QEP<br>assessment                 | Structur<br>ed<br>survey | Ethical and citizenship competencies of HE students  | NR                                | Direct<br>survey                |

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|---|----------------------|---|---|--|--|---|--------------------------|--|-------------------------------|----------------------------------|
| Thach & Murphy (Thach & Murphy, 1995)   | USA<br>&Canda        | To identify the roles and competencies of DR professionals  | Tutors from<br>Institutions of Canada<br>& USA                                | DE<br>professionals                                    | DE educators & educators   | Modified 2<br>round Delphi<br>analysis                  | Structured questionnaire | Competencies of DE professionals                                   | NR                            | FF &<br>Online<br>interview      |
| De pablos Pons (de Pablos Pons, 2010)   | Spain                | To study the IT and digital competencies  | University of Seville   | It professors  | IT professors and professionals n=1000   | Factor analysis   | Structured questionnaire | Competencies of<br>Digital & IT<br>professionals                   | NR                            | Online<br>interview              |
| Gray et al (Gray et al., 2004)  | 7 European countries | Teachers and Trainers:<br>Innovative Practices, Skills<br>a, nd Competencies in the<br>use of eLearning | Teacher Universities  | Teachers &<br>Professors                               | Teachers & Professors<br>n=56  | Grid outlining procedure                                | Questionnaire            | Competencies of teachers and trainers                              | NR                            | Semi-<br>structured<br>interview |
| Smith & Wolverton (Smith & Wolverton, 2010)   | USA                  | To perform a qualitative<br>higher education<br>leadership competencies<br>model                        | University of<br>California   | Teachers,<br>Professionals<br>Dean,<br>Instructors     | 327 athletics directors, 322 senior student affairs officers, and 322 chief academic officers. | Nomological<br>network<br>creation &<br>factor analysis | Structured questionnaire | A quantitative model for competencies                              | Likert<br>type scale<br>model | Online<br>interview              |
| Mansour (Mansour, 2020)   | UAE                  | To study the Quality in Higher Education in UAE   | UAE University  | Teaching professionals                                 | HE professors of UAE<br>University   | Quality<br>assurance<br>approach                        | Questionnaire            | HE teaching competencies   | NR                            | FF interview                     |
| Lazy(Lazy, 2015)  | Hungary              | To study the role HE of institutions in students' competencies  | ÓbudaUniversity's<br>Keleti Faculty of<br>Business and<br>Management          | Employees<br>& Employers                               | Students (234)<br>93 male and 90 female<br>students  | 't' testing<br>method                                   | Questionnaire            | HE institution competencies  | NR                            | Online<br>interview              |
| Velasco et al (Velasco et al., 2014)  | UAE & Europe         | To study the faculty<br>perspective of competency<br>development in HE                                  | Universidad Europea<br>de Madrid, INTI &<br>Universidad de<br>AnhembiMoroumbi | Faculty<br>members                                     | Faculty members, n=729   | Likert 5-point scale                                    | Questionnaire            | HE institution competencies a faculty perspective                  | NR                            | Survey                           |
| Gonzalez et al (González et al., 2011)  | Colombia             | Roles function a,n d<br>necessary competencies<br>for teachers' assessment in<br>b- learning contexts   | HE universities in Columbia   | Teachers   | Faculty & teachers   | Proactive<br>approach study                             | Questionnaire            | Competences for<br>teachers' assessment<br>in b- learning contexts | Grounded<br>Theory            | Online<br>survey                 |
| Blau&Inbal(Blau & Shamir-Inbal, 2017)   | Isreal& UAE          | Digital competencies and<br>long-term ICT integration<br>in school culture                              | High &elemintary<br>schools of Arabic and<br>Arabic schools                   | Principal,<br>teachers,<br>high school<br>facilitators | School students<br>Israeli school students,<br>392Arabicc schools                              | SPSS analysis   | Questionnaire            | Importance of ICT integration in teaching and learning             | NR                            | Email survey                     |
| Modafar&Guessom(Ati & Guessoum, 2010)   | UAE                  | To study the e-learning competencies in UAE Universities  | Abu Dhabi University<br>& American<br>University of Sharjah                   | Professors   | e-learning students  | Factor analysis   | Questionnaire            | e-learning<br>competencies   | NR                            | Online<br>survey                 |
| Ali Hussein H. Mohammed and<br>Abdurrahman Ghaleb<br>Almekhlafi,(Ali Hussein H.<br>Mohammed & Abdurrahman<br>Ghaleb Almekhlafi, 2017) | UAE                  | To study the English language teachers perception of ICT competencies                                   | Abu Dhabi<br>Educational Council  | English<br>teachers                                    | English teachers n=13  | SPSS analysis   | Questionnaire            | ICT competency of<br>English language<br>teacher                   | NR                            | Survey of<br>questionnair<br>e   |

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| Major and<br>Palmet(Major &<br>Palmer, 2006)               | USA         | To study the competency of faculty and content knowledge                       | Montana State University   | Full<br>professors                | Professors<br>n=47                | Grounded conceptual model                         | Questio<br>nnaire                 | Faculty knowledge content and competency                                   | Basic Quality design<br>(Merriam, 1998) | Semi-<br>structured<br>interview |
|--|-------------|--|--|-----------------------------------|-----------------------------------|---|-----------------------------------|--|---|----------------------------------|
| Ritzhaupt and Swapna<br>Kumar (Ritzhaupt &<br>Kumar, 2015) | India       | To study the competencies of Instructional designer                            | Instructional designers from different institutions  | IT<br>professional<br>s           | Professional<br>s n=45            | Constant<br>Comparative<br>method                 | Survey<br>of<br>question<br>naire | To study the competencies of Instructional designer                        | NR                                      | Online<br>Interview              |
| Snoussi (2019)   | UAE         | Learning<br>Management<br>competencies   | Al Ghurair Unversity<br>University of Sharjah<br>Al-Ain University of<br>Sciences and Technology<br>Ajman University | Managemen<br>t faculties          | Faculties n=34                    | NR  | Questio<br>nnaire                 | ICT tool competency for<br>learning and<br>management                      | NR                                      | Online<br>survey                 |
| Egan and Akdere(Egan & Akdere, 2004)                       | USA         | To study the learning role and competencies between professionals and students | Central US universities  | Professional<br>s and<br>students | professional<br>s and<br>students | Delphi analysis                                   | Questio<br>nnaire                 | Learning role and<br>competencies between<br>professionals and<br>students | NR                                      | Online<br>survey                 |
| Keinanen et al. (Keinänen et al., 2018)                    | Finla<br>nd | TO measure innovation competencies in HE                                       | Finnish teaching universities  | Students                          | Students<br>n=495                 | Factor model                                      | Questio<br>nnaire                 | Competency of HE students  | NR                                      | Survey                           |
| Sullivan (O'Sullivan, 2017)                                | UAE         | Student sustainable development in UAE private universities                    | Private universities of UAE  | Students                          | Student<br>n=20                   | Factor model                                      | Questio<br>nnaire                 | Student development competency   | Social change model                     | Online<br>survey                 |
| Soussi(Soussi, 2020)                                       | UAE         | Innovation teaching competencies   | Mohammad V University of Abu Dhabi   | Teachers                          | Teachers<br>n=26                  | Likert scale analysis                             | Questio<br>nnaire                 | Innovation & Pedagogical competency  | NR                                      | Survey                           |
| Abdallah (Abdallah, 2018)                                  | UAE         | Parents Perceptions of<br>e-learning in Abu<br>Dhabi schools                   | Schools in Abudhabi&<br>Ai-Ain   | Parents                           | Parents<br>n=1520                 | Test-retest method<br>(Spearman-Brown<br>Formula) | Questio<br>nnaire                 | Parents perception of e-<br>learning                                       | NR                                      | Survey                           |

**Table 1. Communication skills** 

| Study                   | Sample size | Proportion (%) | 95% CI          | Weight ( | (%)    |
|-------------------------|-------------|----------------|-----------------|----------|--------|
|                         |             |                |                 | Fixed    | Random |
| Duta &Rafaila (2014)    | 13          | 15.385         | 1.921 to 45.447 | 11.29    | 11.29  |
| Tigelaar et al          | 19          | 10.526         | 1.301 to 33.138 | 16.13    | 16.13  |
| Hijazi et al            | 15          | 13.333         | 1.658 to 40.460 | 12.90    | 12.90  |
| Gulevska and Atanasoska | 14          | 14.286         | 1.779 to 42.813 | 12.10    | 12.10  |
| Warn and Tranter        | 10          | 10.000         | 0.253 to 44.502 | 8.87     | 8.87   |
| Smith and Wolverton     | 30          | 16.667         | 5.642 to 34.721 | 25.00    | 25.00  |
| Lazy                    | 16          | 6.250          | 0.158 to 30.232 | 13.71    | 13.71  |
| Total (fixed effects)   | 117         | 14.627         | 8.924 to 22.095 | 100.00   | 100.00 |
| Total (random effects)  | 117         | 14.627         | 8.985 to 21.361 | 100.00   | 100.00 |

Articles related to trainer competencies in higher education institutions were independently reviewed by hours for eligibility assessment. Instead, both authors reviewed the complete text of relevant articles for identification inclusion eligibility. The articles were initially screened based on their title, followed by the abstract of the article. The case title and abstract of the articles were irrelevant to the present investigation; these were excluded from the secondary screening. The full text assessed articles were further excluded based on insufficient information regarding the trainer competencies in higher education institutions. After further screening, a total number of 53 studies with measurable skills were finally included for meta-analyses. The characteristics included in this study were author (year), country, objective, target population, sample size, study design, tool used, competencies measured, theory applied, and education type (Table 1).

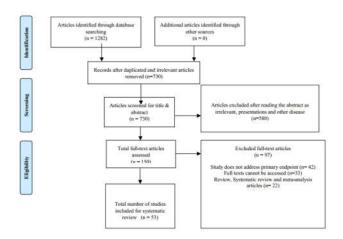


Figure 1. PRISMA flow chart

Teachers/Teaching Competency: A total of 23 competencies outcome measures were included. Seven studies reported communication skills, the proportion of communication skills cases that established Teacher competency was 14.63% (95% CI 8.92% - 22.10%). Communication ski have insignificant influence on the heterogeneity in meta-regression (p = 0.982). Due to a smaller number of studies providing information for communication skills (n = 7). Four studies reported the professional skills, the proportion of cases of professional skills that established Teacher competency was 7.92% (95% CI 2.84% - 16.81%). Professional skills have an insignificant influence on the heterogeneity in meta-regression (p = 0.787). Three studies reported the interpersonal skills, the proportion of cases of interpersonal skills that established Teacher competency was 12.37% (95% CI 4.34% - 23.73%). Interpersonal skills have an insignificant influence on the heterogeneity in meta-regression (p = 0.789). Two studies reported student counseling, the proportion of cases of student counseling that established Teacher competency was 11.11% (95% CI 2.92% - 23.65%). Student counselling have an insignificant influence to heterogeneity in meta-regression (p = 0.356). Two studies reported student support & participation, the proportion of cases of Student support & participation that established Teacher competency was 17.55% (95% CI 6.82% -31.91%). Student support & participation have an insignificant influence on the heterogeneity in meta-regression (p = 0.983). Seven studies reported the Subject Knowledge, the proportion of cases of Subject Knowledge that established Teacher competency was 9.84% (95% CI 5.14% - 15.84%).

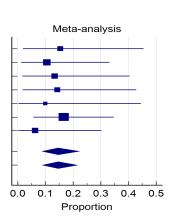
Subject Knowledgehave an insignificant influence toon the heterogeneity in meta-regression (p = 0.760). Two studies reported a positive attitude. The proportion of cases of positive attitude that established Teacher competency was 8.09% (95% CI 1.56% - 19.06%). Positive attitudes have an insignificant influence on the heterogeneity in meta-regression (p = 0.842). Three studies reported the evaluator, the proportion of cases of evaluators that developed Teacher competency was 11.35% (95% CI 3.37% - 23.21%). Evaluatorhave an insignificant influence to the heterogeneity in meta-regression (p = 0.815). Five studies reported the Learner/updated knowledge, the proportion of cases of Learner/updated knowledge that developed Teacher competency was 13.35% (95% CI 6.56% -23.25%). Learner/updated knowledge have an insignificant influence to the heterogeneity in meta-regression (p = 0.571). Five studies reported the organizing competency, the proportion of cases of organizing competency that developed Teacher competency was 12.73% (95% CI 5.67% - 22.02%).

Organizing competency has an insignificant influence the on heterogeneity in meta-regression (p = 0.790). Three studies reported the Cooperation with colleagues, Participatory competency, the proportion of cases of Cooperation with colleagues, Participatory competency that developed Teacher competency was 11.75% (95% CI 5.00% - 20.86%). Cooperation with colleagues, Participatory competency has an insignificant influence on the heterogeneity in meta-regression (p = 0.697). Six studies reported the Interdisciplinary / collaboration work, the proportion Interdisciplinary/collaboration work cases that developed Teacher competency was 16.86% (95% CI 10.08% - 24.96%). Interdisciplinary / collaboration work have an insignificant influence to the heterogeneity in meta-regression (p = 0.441). Two studies reported the Critical Thinking, the proportion of Critical Thinking cases that established Teacher competency was 8.95% (95% CI 2.11% - 19.86%). Critical Thinkinghave an insignificant influence on the heterogeneity in metaregression (p = 0.298). Three studies reported the Selfmotivation and motivating others; the proportion of cases of Self-motivation and motivating others that developed Teacher competency was 12.43% (95% CI 3.77% - 25.14%). Selfmotivation and motivating others have an insignificant influence on the heterogeneity in meta-regression (p = 0.255). Two studies reported the Ambiguity and frustration tolerance, the proportion of case city and frustration tolerance that escapes established Teacher competency was 5.11% (95% CI 0.96% - 12.27%). Ambiguity and frustration tolerance have an insignificant influence on the heterogeneity in meta-regression (p = 0.877). Two studies reported the Planning and realizing projects, the proportion of cases of Planning and realising projects that developed Teacher competency was 7.59% (95% CI 1.39% - 18.16%). Planning and realizing projects have an insignificant influence on the heterogeneity in meta-regression (p = 0.456). Six studies reported the Handling of intercultural/ social relationships, the proportion of cases of Handling of intercultural/ social relationships that developed Teacher competency was 10.13% (95% CI 4.86% - 17.04%). Handling of intercultural/ social relationships have has an insignificant influence on the heterogeneity in meta-regression (p = 0.863). Four studies reported learning new skills. The proportion of cases of learning new skills that established Teacher competency was 13.81% (95% CI 6.47% - 23.34%)—learnings found to have an insignificant influence the heterogeneity in meta-regression (p = 0.779).

| Q                              | 1.0820       |
|--------------------------------|--------------|
| DF                             | 6            |
| Significance level             | P = 0.9823   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |

Duta & Rafaila (2014)
Tigelaar et al
Hijazi et al
Gulevska and Atanasoska
Warn and Tranter
Smith and Wolverton
Lazanyi

Total (fixed effects)
Total (random effects)



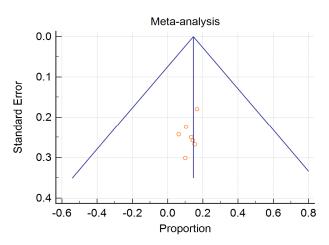


Table 2. Professional skills

| Study                   | Sample size | Proportion (%) | 95% CI           | Weight ( | (%)    |
|-------------------------|-------------|----------------|------------------|----------|--------|
|                         |             |                |                  | Fixed    | Random |
| Pearson et al           | 10          | 10.000         | 0.253 to 44.502  | 15.49    | 15.49  |
| Gulevska and Atanasoska | 14          | 7.143          | 0.181 to 33.868  | 21.13    | 21.13  |
| Smith and Wolverton     | 30          | 3.333          | 0.0844 to 17.217 | 43.66    | 43.66  |
| Keinanen et al          | 13          | 7.692          | 0.195 to 36.030  | 19.72    | 19.72  |
| Total (fixed effects)   | 67          | 7.921          | 2.842 to 16.814  | 100.00   | 100.00 |
| Total (random effects)  | 67          | 7.921          | 2.829 to 15.280  | 100.00   | 100.00 |

Test for heterogeneity

| rest for neterogeneity         |               |  |  |  |  |  |  |  |
|--------------------------------|---------------|--|--|--|--|--|--|--|
| Q                              | 1.0609        |  |  |  |  |  |  |  |
| DF                             | 3             |  |  |  |  |  |  |  |
| Significance level             | P = 0.7865    |  |  |  |  |  |  |  |
| I <sup>2</sup> (inconsistency) | 0.00%         |  |  |  |  |  |  |  |
| 95% CI for I <sup>2</sup>      | 0.00 to 63.49 |  |  |  |  |  |  |  |

Pearson et al

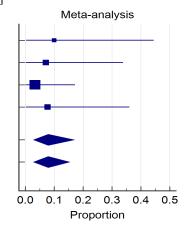
Gulevska and Atanasoska

Smith and Wolverton

Keinanen et al

Total (fixed effects)

Total (random effects)



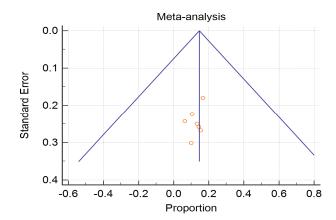


Table 3. Interpersonal skills

| Study                   | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|-------------------------|-------------|----------------|-----------------|------------|--------|
|                         |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)    | 13          | 15.385         | 1.921 to 45.447 | 32.56      | 32.56  |
| Gulevska and Atanasoska | 14          | 7.143          | 0.181 to 33.868 | 34.88      | 34.88  |
| Keinanen et al          | 13          | 7.692          | 0.195 to 36.030 | 32.56      | 32.56  |
| Total (fixed effects)   | 40          | 12.366         | 4.322 to 25.997 | 100.00     | 100.00 |
| Total (random effects)  | 40          | 12.366         | 4.341 to 23.728 | 100.00     | 100.00 |

| Q                              | 0.4723        |
|--------------------------------|---------------|
| DF                             | 2             |
| Significance level             | P = 0.7897    |
| I <sup>2</sup> (inconsistency) | 0.00%         |
| 95% CI for I <sup>2</sup>      | 0.00 to 85.79 |

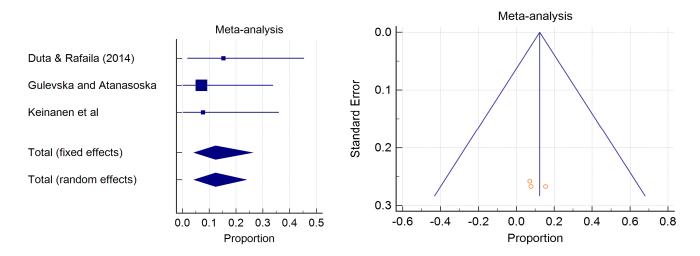


Table 4. Student counseling

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)   | 13          | 15.385         | 1.921 to 45.447 | 41.18      | 41.18  |
| Tigelaar et al.        | 19          | 5.263          | 0.133 to 26.028 | 58.82      | 58.82  |
| Total (fixed effects)  | 32          | 11.112         | 2.959 to 26.629 | 100.00     | 100.00 |
| Total (random effects) | 32          | 11.112         | 2.922 to 23.654 | 100.00     | 100.00 |

| Q                              | 0.8518       |
|--------------------------------|--------------|
| DF                             | 1            |
| Significance level             | P = 0.3560   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |

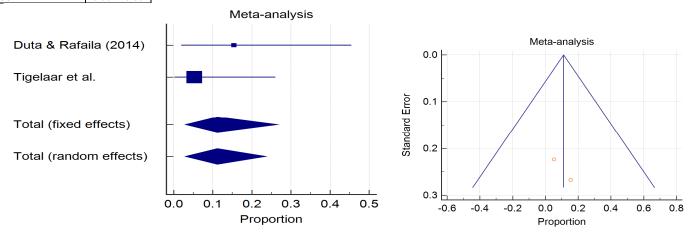
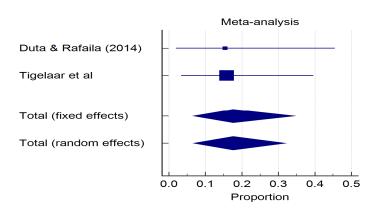


Table 5. Student support & participation

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) | Weight (%) |  |
|------------------------|-------------|----------------|-----------------|------------|------------|--|
|                        |             |                |                 | Fixed      | Random     |  |
| Duta &Rafaila (2014)   | 13          | 15.385         | 1.921 to 45.447 | 41.18      | 41.18      |  |
| Tigelaar et al         | 19          | 15.789         | 3.383 to 39.578 | 58.82      | 58.82      |  |
| Total (fixed effects)  | 32          | 17.547         | 6.700 to 34.415 | 100.00     | 100.00     |  |
| Total (random effects) | 32          | 17.547         | 6.817 to 31.909 | 100.00     | 100.00     |  |

| Q                              | 0.0004663    |
|--------------------------------|--------------|
| DF                             | 1            |
| Significance level             | P = 0.9828   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |



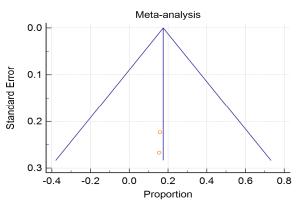
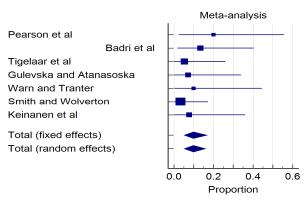


Table 6. Subject Knowledge

| Study                   | Sample size | Proportion (%) | 95% CI           | Weight (%) |        |
|-------------------------|-------------|----------------|------------------|------------|--------|
|                         |             |                |                  | Fixed      | Random |
| Pearson et al           | 10          | 20.000         | 2.521 to 55.610  | 9.32       | 9.32   |
| Badri et al             | 15          | 13.333         | 1.658 to 40.460  | 13.56      | 13.56  |
| Tigelaar et al          | 19          | 5.263          | 0.133 to 26.028  | 16.95      | 16.95  |
| Gulevska and Atanasoska | 14          | 7.143          | 0.181 to 33.868  | 12.71      | 12.71  |
| Warn and Tranter        | 10          | 10.000         | 0.253 to 44.502  | 9.32       | 9.32   |
| Smith and Wolverton     | 30          | 3.333          | 0.0844 to 17.217 | 26.27      | 26.27  |
| Keinanen et al          | 13          | 7.692          | 0.195 to 36.030  | 11.86      | 11.86  |
| Total (fixed effects)   | 111         | 9.838          | 5.122 to 16.692  | 100.00     | 100.00 |
| Total (random effects)  | 111         | 9.838          | 5.145 to 15.835  | 100.00     | 100.00 |

| Q                              | 3.3798        |
|--------------------------------|---------------|
| DF                             | 6             |
| Significance level             | P = 0.7599    |
| I <sup>2</sup> (inconsistency) | 0.00%         |
| 95% CI for I <sup>2</sup>      | 0.00 to 49.04 |



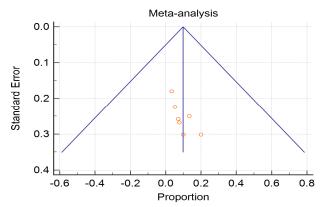
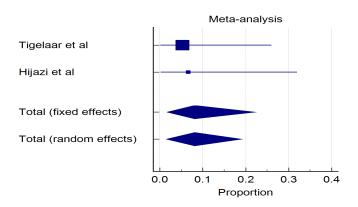


Table 7. Positive attitude

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Tigelaar et al         | 19          | 5.263          | 0.133 to 26.028 | 55.56      | 55.56  |
| Hijazi et al           | 15          | 6.667          | 0.169 to 31.948 | 44.44      | 44.44  |
| Total (fixed effects)  | 34          | 8.093          | 1.647 to 22.150 | 100.00     | 100.00 |
| Total (random effects) | 34          | 8.093          | 1.558 to 19.061 | 100.00     | 100.00 |

| Q                              | 0.03964      |
|--------------------------------|--------------|
| DF                             | 1            |
| Significance level             | P = 0.8422   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |



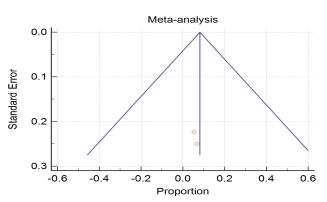
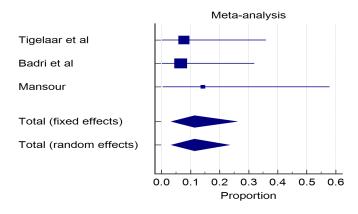


Table 8. Evaluator

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) | Weight (%) |  |
|------------------------|-------------|----------------|-----------------|------------|------------|--|
|                        |             |                |                 | Fixed      | Random     |  |
| Tigelaar et al         | 13          | 7.692          | 0.195 to 36.030 | 36.84      | 36.84      |  |
| Badri <i>et al</i>     | 15          | 6.667          | 0.169 to 31.948 | 42.11      | 42.11      |  |
| Mansour                | 7           | 14.286         | 0.361 to 57.872 | 21.05      | 21.05      |  |
| Total (fixed effects)  | 35          | 11.353         | 3.388 to 25.850 | 100.00     | 100.00     |  |
| Total (random effects) | 35          | 11.353         | 3.372 to 23.208 | 100.00     | 100.00     |  |

| Q                              | 0.4103        |
|--------------------------------|---------------|
| DF                             | 2             |
| Significance level             | P = 0.8145    |
| I <sup>2</sup> (inconsistency) | 0.00%         |
| 95% CI for I <sup>2</sup>      | 0.00 to 83.65 |



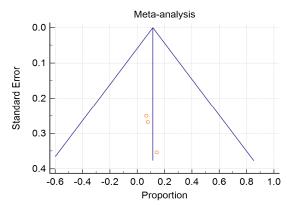
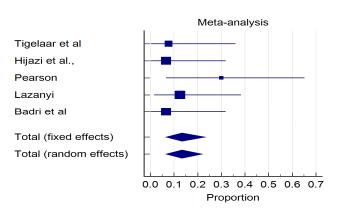


Table 9. Learner/updated knowledge

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Tigelaar et al         | 13          | 7.692          | 0.195 to 36.030 | 18.92      | 18.92  |
| Hijazi <i>et al</i> ., | 15          | 6.667          | 0.169 to 31.948 | 21.62      | 21.62  |
| Pearson                | 10          | 30.000         | 6.674 to 65.245 | 14.86      | 14.86  |
| Lazanyi                | 16          | 12.500         | 1.551 to 38.348 | 22.97      | 22.97  |
| Badri et al            | 15          | 6.667          | 0.169 to 31.948 | 21.62      | 21.62  |
| Total (fixed effects)  | 69          | 13.346         | 6.555 to 23.253 | 100.00     | 100.00 |
| Total (random effects) | 69          | 13.346         | 6.612 to 21.975 | 100.00     | 100.00 |

| Q                              | 2.9240        |
|--------------------------------|---------------|
| DF                             | 4             |
| Significance level             | P = 0.5706    |
| I <sup>2</sup> (inconsistency) | 0.00%         |
| 95% CI for I <sup>2</sup>      | 0.00 to 73.22 |



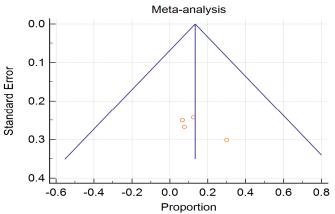
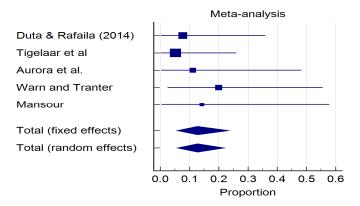


Table 10. Organizing competency

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)   | 13          | 7.692          | 0.195 to 36.030 | 22.22      | 22.22  |
| Tigelaar et al         | 19          | 5.263          | 0.133 to 26.028 | 31.75      | 31.75  |
| Aurora et al.          | 9           | 11.111         | 0.281 to 48.250 | 15.87      | 15.87  |
| Warn and Tranter       | 10          | 20.000         | 2.521 to 55.610 | 17.46      | 17.46  |
| Mansour                | 7           | 14.286         | 0.361 to 57.872 | 12.70      | 12.70  |
| Total (fixed effects)  | 58          | 12.737         | 5.672 to 23.544 | 100.00     | 100.00 |
| Total (random effects) | 58          | 12.737         | 5.719 to 22.017 | 100.00     | 100.00 |

| Q                              | 1.7064        |
|--------------------------------|---------------|
| DF                             | 4             |
| Significance level             | P = 0.7896    |
| I <sup>2</sup> (inconsistency) | 0.00%         |
| 95% CI for I <sup>2</sup>      | 0.00 to 54.11 |



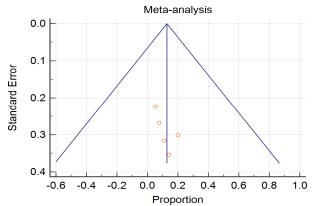


Table 11. Cooperation with colleagues, Participatory competency

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Tigelaar et al         | 19          | 5.263          | 0.133 to 26.028 | 32.26      | 32.26  |
| Rieckmann et al        | 25          | 12.000         | 2.547 to 31.219 | 41.94      | 41.94  |
| Hijazi et al           | 15          | 13.333         | 1.658 to 40.460 | 25.81      | 25.81  |
| Total (fixed effects)  | 59          | 11.749         | 4.963 to 22.451 | 100.00     | 100.00 |
| Total (random effects) | 59          | 11.749         | 4.995 to 20.861 | 100.00     | 100.00 |

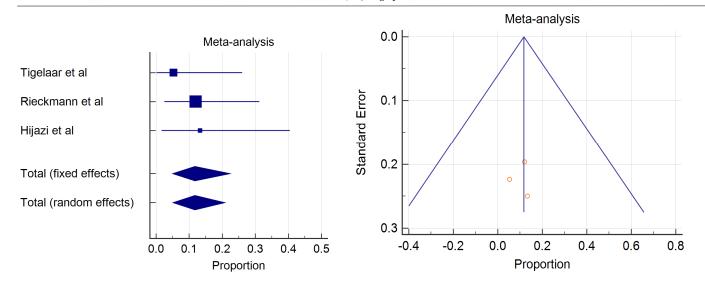
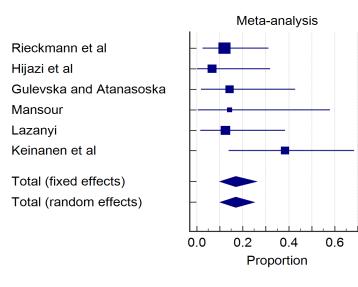
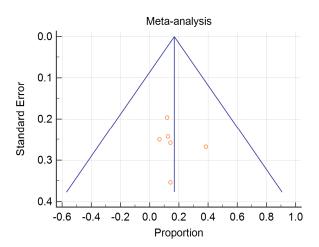


Table 12. Interdisciplinary / collaboration work

| Study                   | Sample size | Proportion (%) | 95% CI           | Weight (%) |        |
|-------------------------|-------------|----------------|------------------|------------|--------|
|                         |             |                |                  | Fixed      | Random |
| Rieckmann et al         | 25          | 12.000         | 2.547 to 31.219  | 27.08      | 27.08  |
| Hijazi et al            | 15          | 6.667          | 0.169 to 31.948  | 16.67      | 16.67  |
| Gulevska and Atanasoska | 14          | 14.286         | 1.779 to 42.813  | 15.63      | 15.63  |
| Mansour                 | 7           | 14.286         | 0.361 to 57.872  | 8.33       | 8.33   |
| Lazanyi                 | 16          | 12.500         | 1.551 to 38.348  | 17.71      | 17.71  |
| Keinanen et al          | 13          | 38.462         | 13.858 to 68.422 | 14.58      | 14.58  |
| Total (fixed effects)   | 90          | 16.859         | 9.990 to 25.869  | 100.00     | 100.00 |
| Total (random effects)  | 90          | 16.859         | 10.081 to 24.960 | 100.00     | 100.00 |

| Q                              | 4.7980        |
|--------------------------------|---------------|
| DF                             | 5             |
| Significance level             | P = 0.4410    |
| I <sup>2</sup> (inconsistency) | 0.00%         |
| 95% CI for I <sup>2</sup>      | 0.00 to 74.32 |

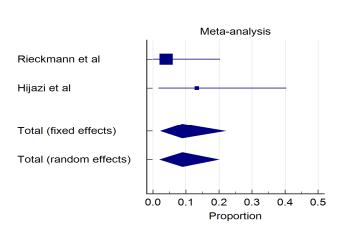




**Table 13. Critical Thinking** 

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Rieckmann et al        | 25          | 4.000          | 0.101 to 20.352 | 61.90      | 60.99  |
| Hijazi et al           | 15          | 13.333         | 1.658 to 40.460 | 38.10      | 39.01  |
| Total (fixed effects)  | 40          | 8.859          | 2.314 to 21.761 | 100.00     | 100.00 |
| Total (random effects) | 40          | 8.945          | 2.106 to 19.857 | 100.00     | 100.00 |

| Q                              | 1.0837       |
|--------------------------------|--------------|
| DF                             | 1            |
| Significance level             | P = 0.2979   |
| I <sup>2</sup> (inconsistency) | 7.72%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |



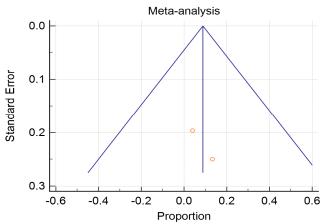
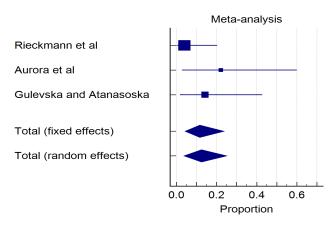


Table 14. Self-motivation and motivating others

| Study                   | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|-------------------------|-------------|----------------|-----------------|------------|--------|
|                         |             |                |                 | Fixed      | Random |
| Rieckmann et al         | 25          | 4.000          | 0.101 to 20.352 | 50.98      | 45.69  |
| Aurora et al            | 9           | 22.222         | 2.814 to 60.009 | 19.61      | 22.92  |
| Gulevska and Atanasoska | 14          | 14.286         | 1.779 to 42.813 | 29.41      | 31.39  |
| Total (fixed effects)   | 48          | 11.590         | 4.333 to 23.652 | 100.00     | 100.00 |
| Total (random effects)  | 48          | 12.429         | 3.771 to 25.136 | 100.00     | 100.00 |

| Q                              | 2.7368        |
|--------------------------------|---------------|
| DF                             | 2             |
| Significance level             | P = 0.2545    |
| I <sup>2</sup> (inconsistency) | 26.92%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 97.55 |



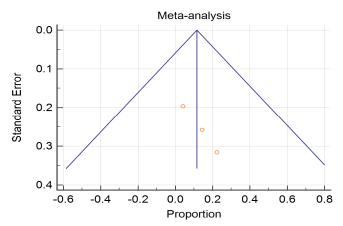
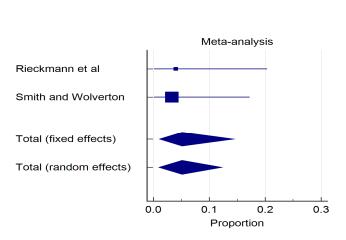


Table 15. Ambiguity and frustration tolerance

| Study                  | Sample size | Proportion (%) | 95% CI           | Weight (%) |        |
|------------------------|-------------|----------------|------------------|------------|--------|
|                        |             |                |                  | Fixed      | Random |
| Rieckmann et al        | 25          | 4.000          | 0.101 to 20.352  | 45.61      | 45.61  |
| Smith and Wolverton    | 30          | 3.333          | 0.0844 to 17.217 | 54.39      | 54.39  |
| Total (fixed effects)  | 55          | 5.111          | 1.033 to 14.408  | 100.00     | 100.00 |
| Total (random effects) | 55          | 5.111          | 0.962 to 12.269  | 100.00     | 100.00 |

| Q                              | 0.02381    |
|--------------------------------|------------|
| DF                             | 1          |
| Significance level             | P = 0.8774 |
| I <sup>2</sup> (inconsistency) | 0.00%      |
| 95% CI for I <sup>2</sup>      |            |



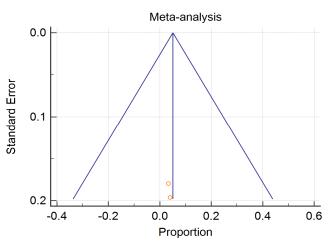
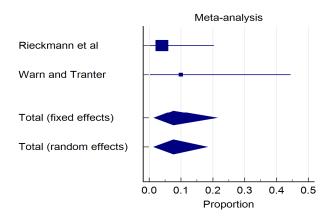


Table 16. Planning and realising projects

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Rieckmann et al        | 25          | 4.000          | 0.101 to 20.352 | 70.27      | 70.27  |
| Warn and Tranter       | 10          | 10.000         | 0.253 to 44.502 | 29.73      | 29.73  |
| Total (fixed effects)  | 35          | 7.590          | 1.479 to 21.216 | 100.00     | 100.00 |
| Total (random effects) | 35          | 7.590          | 1.386 to 18.159 | 100.00     | 100.00 |

| Q                              | 0.5567       |
|--------------------------------|--------------|
| DF                             | 1            |
| Significance level             | P = 0.4556   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |



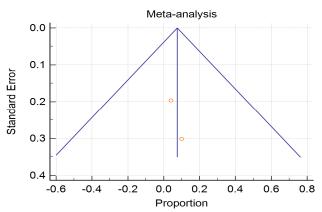


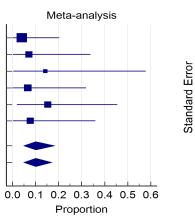
Table 17. Handling of intercultural/ social relationships

| Study                   | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|-------------------------|-------------|----------------|-----------------|------------|--------|
|                         |             |                |                 | Fixed      | Random |
| Rieckmann et al         | 25          | 4.000          | 0.101 to 20.352 | 27.96      | 27.96  |
| Gulevska and Atanasoska | 14          | 7.143          | 0.181 to 33.868 | 16.13      | 16.13  |
| Gonzales                | 7           | 14.286         | 0.361 to 57.872 | 8.60       | 8.60   |
| Badri et al.,           | 15          | 6.667          | 0.169 to 31.948 | 17.20      | 17.20  |
| Duta &Rafaila (2014)    | 13          | 15.385         | 1.921 to 45.447 | 15.05      | 15.05  |
| Keinanen et al          | 13          | 7.692          | 0.195 to 36.030 | 15.05      | 15.05  |
| Total (fixed effects)   | 87          | 10.130         | 4.837 to 18.130 | 100.00     | 100.00 |
| Total (random effects)  | 87          | 10.130         | 4.860 to 17.040 | 100.00     | 100.00 |

Rieckmann et al Gulevska and Atanasoska Gonzales Badri et al., Duta & Rafaila (2014) Keinanen et al

Total (fixed effects)

Total (random effects)



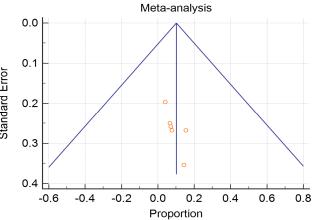
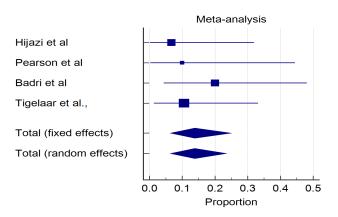


Table 18. Learning new skills

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) | %)     |  |
|------------------------|-------------|----------------|-----------------|------------|--------|--|
|                        |             |                |                 | Fixed      | Random |  |
| Hijazi et al           | 15          | 6.667          | 0.169 to 31.948 | 25.40      | 25.40  |  |
| Pearson et al          | 10          | 10.000         | 0.253 to 44.502 | 17.46      | 17.46  |  |
| Badri et al            | 15          | 20.000         | 4.331 to 48.089 | 25.40      | 25.40  |  |
| Tigelaar et al.,       | 19          | 10.526         | 1.301 to 33.138 | 31.75      | 31.75  |  |
| Total (fixed effects)  | 59          | 13.808         | 6.411 to 24.827 | 100.00     | 100.00 |  |
| Total (random effects) | 59          | 13.808         | 6.473 to 23.339 | 100.00     | 100.00 |  |

#### Test for heterogeneity

| Q                              | 1.0908        |
|--------------------------------|---------------|
| DF                             | 3             |
| Significance level             | P = 0.7793    |
| I <sup>2</sup> (inconsistency) | 0.00%         |
| 95% CI for I <sup>2</sup>      | 0.00 to 64.49 |



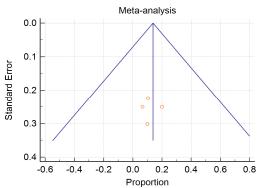


Table 19. Responsibility and accountability

| Study                   | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|-------------------------|-------------|----------------|-----------------|------------|--------|
|                         |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)    | 13          | 7.692          | 0.195 to 36.030 | 18.67      | 18.67  |
| Hijazi <i>et al</i>     | 15          | 6.667          | 0.169 to 31.948 | 21.33      | 21.33  |
| Duta &Rafaila (2014)    | 13          | 7.692          | 0.195 to 36.030 | 18.67      | 18.67  |
| Gulevska and Atanasoska | 14          | 14.286         | 1.779 to 42.813 | 20.00      | 20.00  |
| Total (fixed effects)   | 70          | 10.971         | 4.925 to 20.312 | 100.00     | 100.00 |
| Total (random effects)  | 70          | 10.971         | 4.953 to 18.979 | 100.00     | 100.00 |

| Q                              | 0.5226       |
|--------------------------------|--------------|
| DF                             | 4            |
| Significance level             | P = 0.9713   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |

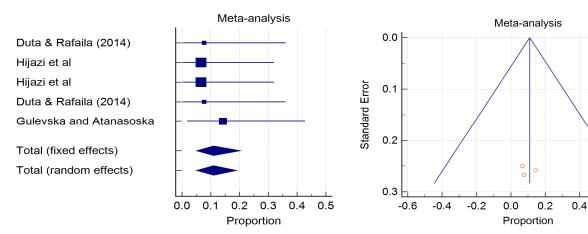


Table 20. Entrepreneurship skills

0.6

8.0

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)   | 13          | 7.692          | 0.195 to 36.030 | 25.00      | 25.00  |
| Hijazi et al           | 15          | 6.667          | 0.169 to 31.948 | 28.57      | 28.57  |
| Aurora et al           | 9           | 11.111         | 0.281 to 48.250 | 17.86      | 17.86  |
| Total (fixed effects)  | 52          | 10.368         | 3.821 to 21.443 | 100.00     | 100.00 |
| Total (random effects) | 52          | 10.368         | 3.826 to 19.613 | 100.00     | 100.00 |

#### Test for heterogeneity

| Q                              | 0.2238       |
|--------------------------------|--------------|
| DF                             | 3            |
| Significance level             | P = 0.9737   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |

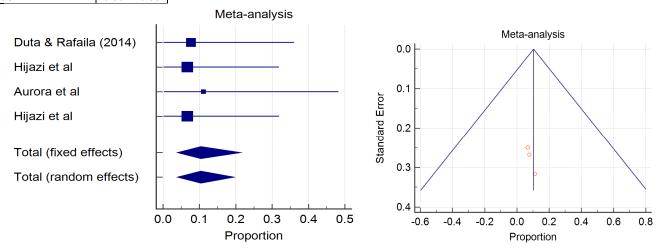


Table 21. Demographic interest

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)   | 13          | 7.692          | 0.195 to 36.030 | 25.00      | 25.00  |
| Hijazi et al           | 15          | 6.667          | 0.169 to 31.948 | 28.57      | 28.57  |
| Aurora et al           | 9           | 11.111         | 0.281 to 48.250 | 17.86      | 17.86  |
| Hijazi et al           | 15          | 6.667          | 0.169 to 31.948 | 28.57      | 28.57  |
| Total (fixed effects)  | 52          | 10.368         | 3.821 to 21.443 | 100.00     | 100.00 |
| Total (random effects) | 52          | 10.368         | 3.826 to 19.613 | 100.00     | 100.00 |

| Q                              | 0.2238       |
|--------------------------------|--------------|
| DF                             | 3            |
| Significance level             | P = 0.9737   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |

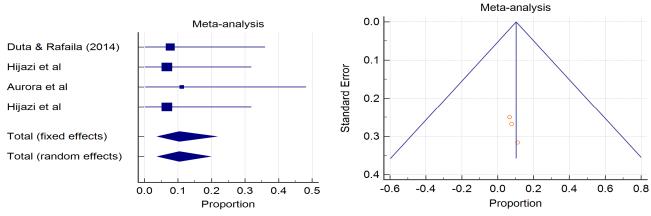


Table 22. ICT Knowledge

| Study                  | Sample size | Proportion (%) | 95% CI          | Weight (%) | )      |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)   | 13          | 7.692          | 0.195 to 36.030 | 25.00      | 25.00  |
| Hijazi et al           | 15          | 6.667          | 0.169 to 31.948 | 28.57      | 28.57  |
| Aurora et al           | 9           | 11.111         | 0.281 to 48.250 | 17.86      | 17.86  |
| Badri et al            | 15          | 6.667          | 0.169 to 31.948 | 28.57      | 28.57  |
| Total (fixed effects)  | 52          | 10.368         | 3.821 to 21.443 | 100.00     | 100.00 |
| Total (random effects) | 52          | 10.368         | 3.826 to 19.613 | 100.00     | 100.00 |

| Q                              | 0.2238       |
|--------------------------------|--------------|
| DF                             | 3            |
| Significance level             | P = 0.9737   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |

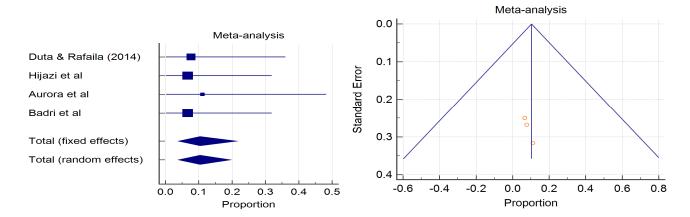
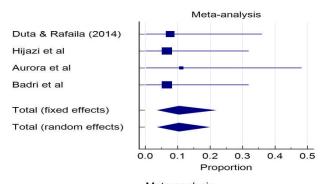
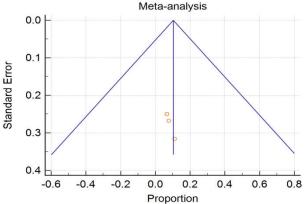


Table 23. Engaging skills

| n                      | Sample size | Proportion (%) | 95% CI          | Weight (%) |        |
|------------------------|-------------|----------------|-----------------|------------|--------|
|                        |             |                |                 | Fixed      | Random |
| Duta &Rafaila (2014)   | 13          | 7.692          | 0.195 to 36.030 | 25.00      | 25.00  |
| Hijazi et al           | 15          | 6.667          | 0.169 to 31.948 | 28.57      | 28.57  |
| Aurora et al           | 9           | 11.111         | 0.281 to 48.250 | 17.86      | 17.86  |
| Badri et al            | 15          | 6.667          | 0.169 to 31.948 | 28.57      | 28.57  |
| Total (fixed effects)  | 52          | 10.368         | 3.821 to 21.443 | 100.00     | 100.00 |
| Total (random effects) | 52          | 10.368         | 3.826 to 19.613 | 100.00     | 100.00 |

| Q                              | 0.2238       |
|--------------------------------|--------------|
| DF                             | 3            |
| Significance level             | P = 0.9737   |
| I <sup>2</sup> (inconsistency) | 0.00%        |
| 95% CI for I <sup>2</sup>      | 0.00 to 0.00 |





Four studies reported the ICT Knowledge, the proportion of case knowledge skills that established Teacher competency was 10.37% (95% CI 3.83% - 19.61%). ICT Knowledgehave an insignificant influence on the heterogeneity in metaregression (p = 0.974). Four studies reported the Engaging skills, the proportion of cases of Engaging skills that established Teacher competency was 10.37% (95% CI 3.83% - 19.61%). Engaging skills have an insignificant influence on the heterogeneity in meta-regression (p = 0.974). In all the funnel plots for skills in teacher teaching, all the skills points lie within the funnel.

# DISCUSSION

The quality of teaching and learning at the university level across the globe is being given growing attention both to ensure potential teaching at universities and to be able to show that effectiveness. Modern education explores the issue of the development of critical competencies, communicative, informational, and problem-solving competencies (Devlin & Samarawickrema, 2010). In this review, the communication and interpersonal skills developed Teacher competency, representing 14.63% and 12.37% of the studies, respectively. Similarly, a comparison of the top general competencies noticed some trends. In all roles, communication and interpersonal skills were essential and dominated the top ten competencies in both studies; Williams (2003) and this student's good communication skills improve the relationship between the teachers and students by enhancing the understanding level between students and teachers Loss (2000). In this review, 11.11% of the studies reported that student counseling developed Teacher competency, and 17.55% demonstrated that student support & participation developed Teacher competency. Devlin and Samarawickrema (2010) indicated that respect and support for students' development as individuals determine excellence in university teaching for the purposes of findings showed that learning new skills and learner/updated knowledge developed teacher competency, representing 13.81% and 13.35% of the studies, respectively. The subject knowledge developed teacher competency, which represents 9.84% of representing research studies, have shown that the caliber of teachers has a significant effect on the caliber of students. An instructor, a permanent learner, must also constantly refresh the subject knowledge and be aware of the latest developments in their subject matter (Nagoba & Mantri, 2015). Stronge(2007) also stated that teachers with expertise in the subject offer more opportunities to engage students in constructive discussions and activities led by students. In this review, 11.75% of the studies demonstrated that the Cooperation with colleagues and Participatory competency developed Teacher competency, and the 16.86% of the studies reported that the Interdisciplinary/ collaboration work developed Teacher competency. Nagoba and Mantri (2015) reported that the development of teachers depends on many factors, including collaborating with others and faculty exchange programs. This study showed that the 12.73% of the studies reported that the organizing competency developed Teacher competency. Rodzeviciute(2009) demonstrated that the organizational compete at developed teacher competency in higher education. Our review showed that the 7.59% of the studies reported that the Planning and realising projects that developed Teacher competency and the Self-motivation and motivating others and Critical thinking developed Teacher competency, which represents 12.43% and 8.95% of the studies, respectively. The Planning and motivational competencies developed teacher competency in higher education Rodzeviciute(2009). In this review, 5.11% of the studies demonstrated the Ambiguity and frustration on developed Teacher competency. Similarly, in most cases, Wright (2019)

indicated that were more impactful than simple or strategically ambiguous tasks. In addition, ambiguity and learning orientationin In most cases, tolerance was related to student learning, but the mindset and grade orientation were not related. Our findings showed that the self-motivation and motivating others, professional and engaging skills that developed Teacher competency and 10.13% and 8.09% of the studies demonstrated that the Handling of intercultural/ social relationships and positive attitude that developed Teacher competency, respect.

Hascher, et al. (2004) concluded that off-campus teaching strengthens the professional skills of preservice teachers as well as substantive changes in their attitudes. Similarly, Zlatic et al. (2014) define teachers' communication competence in terms of their attitudes, motivational dispositions knowledge. It is seen as the ability of the teacher to select acceptable behavior to achieve the objective of social interaction. In this review, 10.37% of the studies demonstrated the ICT Knowledge that developed Teacheretency. Pushkar (2015) reported developing countries in higher education lack quality and trained faculty in certain unique fields. To help students, information must be shared with the maximum number of students who can share knowledge through ICT. The present review has some limitations. The eligible studies included in the current systematic review regarding the trainer competencies in HEI were demonstrated wide of competency, and there is no majority of the competency was obtained. Consequently, many experiments do not provide a rigorous and systematic experimental design, thereby creating a potential bias in the experiences and outcomes.

# CONCLUSION

Trainer competency research is a growing area, and teachers' skills and knowledge are of vital importance for the success of the teaching and learning process. The competency level of trainers plays an important role in expanding the standard of higher education. In contemporary society, the career of an academic trainer is remarkable in both place and role. There is an association among learning materials, teachers, and students in the educational process, so it is essential to train teachers for the career, which should concentrate on equipping them with relevant skills and competencies. It should be noted that the innovative nature of the educational process would only allow subjective care of the student and would pass these experiences to the field of future professional work. In the training of prospective academic trainers, it is essential to achieve the ability to communicate and interact in subject relationships, respecting the rights of others.

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