



RESEARCH ARTICLE

A COMPARATIVE EVALUATION OF RETENTION OF COMPLETE DENTURE BASE WITH DIFFERENT TYPES OF POSTERIOR PALATAL SEAL – AN IN VIVO STUDY

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ARTICLE INFO

Article History:

Received 28<sup>th</sup> March, 2018  
Received in revised form  
15<sup>th</sup> April, 2018  
Accepted 19<sup>th</sup> May, 2018  
Published online 30<sup>th</sup> June, 2018

Key words:

Primary and secondary  
Compound with functional  
Provided greater retention.

ABSTRACT

**Aim:** To evaluate retention of complete denture with different types of posterior palatal seals

**Material and methods:** In this study, we had selected ten male patients between the age group of 50 years to 60 years. After the primary and secondary impressions were taken, five casts were made including a cast without posterior palatal seal, a cast with single bead posterior palatal seal, a cast with double bead posterior palatal seal, a cast with cupid bow shaped posterior palatal seal, and a cast with posterior palatal seal with low fusing compound by functional method.

**Results:** It was observed that retention increased up to 101% in the posterior palatal seal with low fusing compound with functional method and the posterior palatal seal that was obtained by using functional method provided greater retention than a denture base without posterior palatal seal.

**Conclusion:** It was concluded that the incorporation of a posterior palatal seal is important for obtaining optimum retention of the maxillary complete denture.

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Citation: Dr. Ujjal Chatterjee, Dr. Ravi Raj, Dr. Anubhuti, Dr. Rohit and Dr. Ritu, 2018. "A comparative evaluation of retention of complete denture base with different types of posterior palatal seal – An In vivo study", *International Journal of Current Research*, 10, (06), 70557-70559.

INTRODUCTION

The rationale for the posterior palatal seal lies in completing peripheral seal along the posterior denture border. It is stated in the GPT as the soft tissues along the junction of the hard and soft palates on which pressure within the physiologic limits of the tissues can be applied by the denture to aid in retention of the denture. It provides an effective barrier against the ingress of air or fluid during the functional movement of the soft palate or slight movement of denture during function and it does maintains an intimate contact with the anterior portion of the soft palate (the tissues that undergo displacement). The literature states that addition of posterior palatal seal markedly increases the retention of the denture. The following study was carried out for comparative evaluation of retention of complete maxillary denture bases with different posterior palatal seals.

MATERIALS AND METHODS

The study was carried out in the Department of Prosthodontics, Crown and Bridge of Hazaribagh college of dental sciences and hospital, Hazaribagh. Ten male patients with an average age of 60 years were selected for the study. The selection was based on the clinical examination and evaluation of the diagnostic cast.

The selected subjects were without any systemic diseases and with good neuromuscular control. The ridges were well-healed, round, smooth, and oral mucosa covering the ridges was firmly attached with average resiliency and thickness, no presence of bilateral or unilateral undercuts. All the subjects had normal salivary flow. The nature of study to be carried out was explained to all subjects. The primary impression was made with an impression compound (Y-dent, Delhi, India). A uniform thickness of a 2 mm spacer was adapted over the cast and a custom tray was fabricated using self cure acrylic resin keeping it 2mm short of sulcus. A secondary impression was made with free-flowing zinc oxide eugenol paste (DPI impression paste, DPI, Mumbai, India) with light pressure and border-molding. The posterior palatal seal area was marked by first locating the pterygomaxillary (hamular) notch with the T burnisher and then marking the line 1.5 mm distal to hamular notches. The posterior palatal seal area marking over the cast was slightly scraped with a sharp instrument to represent the posterior palatal seal area of subsequent casts. The master cast was marked "M". Dental stone (Dutt stone, 30:100) was poured into the molds over a vibrator to avoid the entrapment of air bubbles. The casts were recovered after 1 hour and marked "A", "B", and "C" respectively. On cast "A" a V-shaped groove 1 to 1.5 mm deep and 1.5 mm at its base was carved 2 mm anterior to vibrating line junction of hard and soft palate. On cast "B" a groove of 1 to 1.5 mm deep and 1.5 mm wide was carved 1 mm anterior to the vibrating line, passing through the hamular notch.

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DOI: <https://doi.org/10.24941/ijcr.29542.06.2018>

An additional groove 1 mm deep and 1 mm wide at its base was carved just distal to anterior limit of posterior palatal seal area. On cast "C" a cupid bow shaped design was carved with a groove of 1 mm deep and 1.5 mm wide at the base in the center of the posterior palatal seal area, passing through the hamular notch. The denture base was prepared by using double thickness of shellac base plate. It was adapted over the "M" cast and finished smoothly. The rubber-shellac base plate was adapted over cast "A", "B", and "C" and prepared respectively. The four molds thus obtained were closed and packed with heat-cured acrylic resin (DPI) with a 1:3 volume to prepare the permanent denture base, the molds thus packed, with heat-cured acrylic resin, were trial closed twice, and excess flash was removed. Trial closure was done, metal-to-metal contact was obtained.

The packed flask was allowed to bench cure for 15 minutes. The polymerization was carried out under similar conditions for all flasks at a temperature of 74°C for 2 hours and at 100°C for 1 hour.<sup>7</sup> After polymerization the flasks were allowed to bench cool for 1 hour. The denture bases were recovered carefully and finished. The four denture bases were checked for accuracy and that they were identical in all respects, except for their posterior palatal seal. The denture bases were marked "M", "A", "B", and "C" respectively. The loop (hook) made of 18 gauge stainless steel wire was attached to the denture base with self-cured acrylic resin, exactly in the midline, the loops were placed 1 cm inwards to the anterior portion from the distal border of the denture base. The denture bases "M", "A", "B", and "C" were subjected to a retention test. Required force to dislodge bases was exerted and retention value was calculated for each denture base. After completing the test, the denture base "M" without posterior palatal seal was re-designated as "MO", and used to develop the posterior palatal seal with functional method by tracing the seal with low fusing compound. Thus the five denture bases were marked as:

- M – without posterior palatal seal;
- A – single bead posterior palatal seal (scraped type);
- B – double bead posterior palatal seal (scraped type);
- C – cupid bow shaped posterior palatal seal (scraped type);
- MO – posterior palatal seal with low fusing compound with functional method.

The five denture bases with different types of posterior palatal seals were subjected for evaluation of retention using a specialized T device in which a tipping force was developed extra-orally in a caudal direction to evaluate the retentive values of the denture bases.

## RESULTS

In this study the force required to dislodge the maxillary denture bases was measured in grams. These forces were considered as the retentive values. For each of the ten patients, three readings were noted with each denture base. Thus, in all, fifteen readings were obtained from five denture bases. Therefore, in the study of ten patients a total of 150 readings were taken. Analysis of variance (ANOVA) test was applied to compare the retention values and Newman-Keuls student test for the simultaneous comparison. A mean value was calculated for statistical analysis from each set of the three readings for each of the five denture bases. The mean retentive values are shown in Table 1.

**Table 1. Mean retentive values in grams**

S no	Age	M	A	B	C	MO
1	55	533	630	680	867	1,027
2	68	663	703	847	937	1,087
3	65	713	800	963	1,180	1,960
4	64	447	520	700	740	813
5	57	517	663	867	117	1,410
6	65	483	623	680	783	920
7	66	557	667	723	837	987
8	59	620	707	797	930	1,233
9	50	693	853	927	1,093	1,413
10	60	547	630	720	917	1,150
X		577.3	679.6	790.4	940.1	1,200
SD		90.53	94.22	105.20	146.65	331.14

Notes: M, without posterior palatal seal; A, with single bead posterior palatal seal; B, with double bead posterior palatal seal; C, cupid bow shaped posterior palatal seal; MO, posterior palatal seal developed with low fusing compound. Abbreviation: sd, standard deviation.

Retention of denture bases with different posterior palatal seals were compared with denture base "M" (without posterior palatal seal). The retention values of significance between "A" and "C", "MO", "C" and "MO" (P,0.5); and those highly significant between "M" and "C", "MO", "B" and "MO" (P,0.01) was observed. The highly significant values are recorded with the denture base with cupid bow shaped posterior palatal seal and functionally developed posterior palatal seal with low fusing compound. Comparisons of retention between three different posterior palatal seals obtained with arbitrary scraping method were done. It shows a significant difference between A–C (P,0.01) and B–C (P,0.05); and the differences between A–B were found to be insignificant. When comparing the scraped type of posterior palatal seals with each other, the cupid bow shaped posterior palatal seal and double beaded posterior palatal seal showed highly significant retentive values. Percentage increase in retention values of denture bases with different types of posterior palatal seals when compared to "M" (without posterior palatal seal) was evaluated. The results showed that there is a consistent increase in retention of denture bases with different types of posterior palatal seals when compared to denture bases without posterior palatal seals. The posterior palatal seal obtained by functional method provided greater retention value than those obtained with the scraping method when compared with each other and with a denture base without a posterior palatal seal.

## DISCUSSION

The fact that posterior palatal seal plays an important role in enhancing the retention and stability of complete maxillary denture is well recognized. By providing intimate contact with the posterior palatal tissue, it reduces the gagging reflex. Further, it partly compensates for the palatal discrepancy occurring as a result of curing shrinkage of acrylic resins. The available literature shows that the displacement of the soft tissue is a critical factor in developing the posterior palatal seal. Skinner and Chung demonstrated the importance of posterior palatal seal experimentally. Several methods are used to develop the posterior palatal seal, namely in the arbitrary method, by scraping the cast at the distal border of the denture depending on the compressibility of the tissue. Hamrick stated that an upward extra-oral force to test the retention of maxillary denture was closer to a functional situation. Avant stated that in extra-oral caudally directed forces, some patients feel pain and discomfort in the anterior ridge. So he developed a "T" shaped device which could be used to apply tipping forces, where the

anterior ridge acts as fulcrum. Antolino showed the application of forces to dislodge the denture at the posterior border of denture was closer to the dislodging pattern of denture during function. The most obvious finding in the present study was that irrespective of the type of posterior palatal seal employed there occurred a consistent and substantial increase in the retention of denture base. Since the denture bases are similar to each other except for the posterior palatal seal. Retention was checked at constant leverage action, the salivary flow and the degree of mouth opening was maintained constant throughout the study. The variability in the retention value of the test bases could only be attributed to the varied situation of the posterior palatal seal. Comparison of retention between different types of posterior palatal seals shows significant to highly significant retentive values when compared to a denture base without a posterior palatal seal. The findings of the present study were found to be at par with past studies made by other investigators. Mean retentive value of "M" was 577.3 grams against values of "A", "B", "C", and "MO" bases, which were 679.6, 790.4, 940.1, and 1,200 grams respectively. The percentage increase in retention of denture base when compared to denture base "M" showed an increased retentive value of 101%, 63%, 37%, and 18% with the denture bases "MO", "C", "B", and "A", respectively.

### Conclusion

Within the limit of this in vivo study, it was concluded that the incorporation of posterior palatal seal is essential for obtaining optimum retention of maxillary complete denture. All types of posterior palatal seals evaluated provided a consistent and substantial increase in the retention of denture base. The retention of denture base varied with the type of posterior palatal seal. Among the "scraped" type of posterior palatal seal evaluated, the "cupid bow" shaped posterior palatal seal showed superior retention compared to "single bead" and "double bead" type of posterior palatal seal. The functional type of posterior palatal seal developed by the addition of low

fusing compound provided higher retentive values when compared to the "scraped type" of posterior palatal seal.

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