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RESEARCH ARTICLE

SHORT-RANGE GUNSHOT INJURY TO LOWER PART OF FACE: A CASE REPORT

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ABSTRACT

Foreign bodies that enter a patient as a result of trauma are contaminated and produce a range of symptoms. Gunshot injury are known to cause severe morbidity in head and neck region. The complex facial anatomy is a challenge to medical and oral surgeons in reconstruction. We report a case in which the patient gives history involving a gunshot injury to the chin. The patient did not have any major complaints relating to the bullet injury in his mandible or any symptoms. However the bullet injury caused severe comminution of the lower border of the symphysis of mandible.

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INTRODUCTION

Gunshot wounds to the face present serious challenges to the oral and maxillofacial surgeons. These injuries result from assaults, accidents or suicide attempts. In contrast to blunt facial trauma, ballistic injuries result in significant bone and soft tissue loss, whose severity is not always apparent at initial presentation. Reconstruction of these defects is complicated by tissue ischaemia, necrosis and infection (Thorne, 1992; Clark et al., 1996). Ballistic injuries can be classified as low-velocity or high-velocity. Generally, lowvelocity injuries are from projectiles travelling at less than 1200 feet/s. High-velocity missiles are those travelling at greater than 1200 feet/s. The degree of surrounding tissue injury from a gunshot wound is related to the mass of the projectile and the square of its velocity (kinetic energy=1/2) mv²) (DeMuth, 1971). Low-velocity injuries cause limited damage along the missile path and result in little bone and soft tissue loss. These are generally treated similarly to blunt facial trauma, with limited debridement, immediate reconstruction and primary soft tissue closure (Vayvada et al., 2005).

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Case report

A 34 year-old male reported to the department of Oral and Maxillofacial surgery of Oxford Dental College and Hospital, Bangalore 4 hrs after sustaining a bullet injury on the face. The patient was shot with the hand gun at a very short distance. The bullet entrance wound was in right submandibular region. Possible exitwound for the bullet could be identified in submental region. The patient was fully conscious, well oriented to time, place and person. His vital signs were within normal limits. There was noderangement in occlusion. On inspection, there was submental lacerating injury. Multiple fractured segments were visible in lower symphysis area of mandible. Provisional diagnosis was comminuted middle symphysis fracture lower border. Initial debridement of the lacerated non-vital soft tissue wound was done under local anesthesia and soft tissue closure was done primarily where it was possible and within limits. The patient was then admitted in our ward and planned for operation under local anesthesia and all the necessary routine investigations were advised along with orthopantomogram. In the operation room, surgical site was prepared and the surgical site was approached through the existing lacerated wound in the submental region. Fracture site wasexposed and after careful exploration, bullet fragments/ pellets were removed.

The wound was then closed in 2 layers using 3-0 vicryl sutures and 3-0 mersilk for skin closure.



Fig.1. Exit point of the Bullet



Fig.2. Removal of the bony fragments



Fig.3. Retrieval of the bullet pellets from the site



Fig. 4. Approximation of the surgical site

DISCUSSION

From the patient's history, it can be deduced that the weapon used must have had a very low wounding capacity. The homemade gun which is also known as the muzzleloader, may be considered to be the most primitive kind of firearm. It carries pellets (charge) detonated by gunpowder in a ratio enough for its propulsion out of the weapon and to strike the target at high velocity causing serious damage. This high velocity shot from such a weapon at close range would cause fatal injuries (Wilson, 1999; Bahador, 2006), but such circumstances were not seen in our patient. Hence, we assumed that the charge gunpowder proportion must have been so high that the explosion of the small amount of gunpowder did not allow the pellets to gain sufficient velocity to overcome the resistance of the subcutaneous tissues (Wilson, 1999), resulting in a cone like spread of bullets with a heavy concentration of them in the mental area with no evidence of a fatal exit wound causing them to remain lodged in the maxillofacial area.

Bullets crushes structures along its path thus causing temporarycavitation, shearing and compression of the structures and sometimes tears the structures (as with solid abdominal viscera) or stretching inelastic tissue (the brain). As tissues recoil and hot gases dissipate, soft tissue collapses inwards, and hence, a permanent cavity is formed. Additionally, kinetic energy transfer occurs during retardation of the bullet and this may cause damage outside the tract. There are several factors influencing the efficiency of kinetic energy transfer which are 1. the kinetic energy of a body 2. proportional to mass and velocity3. Projectile's deformation and fragmentation4. Entrance profile and path travelled through the body and biological characteristics of thetissues (Newgard, 1992). High-velocity injuries have traditionally been assumed to cause more damage than low-velocity ones have, anassumption that is still under dispute. A close-range, highvelocity gunshot wound can result in devastating facial disfigurement and disability in those who survive. Airway management is a major concern in patients with maxillofacial ballistic injuries because a compromised airway can lead to death. Although there are many options to secure airway, each has specific indications, and the choice ultimately depends on the patient's situation and the expertise of the trauma team (Lindsey, 1980; Hollier et al., 2001).

In general, endotracheal intubation is usually not a viable option in cases of profuse bleeding from oronasalcavity. Cricothyroidotomy, tracheostomy or percutaneous needle tracheostomy are preferred to secure airway in emergencies. Other procedures forconsideration are the submental or submandibular intubationtechniques, which can provide a clearfield for facial surgeries. An early and comprehensive surgical management of soft tissueat thefirst stage with less aggressive debridement can decreasemorbidity. A primary closure or localflaps are preferred over secondary healing as it may cause excessive scarring. Antibiotics play a major role in preventing infections in bothhard and soft tissues after primary closure of class IV wounds. Appropriate wound debridement, immobilization andfixation, detailed wound closure, drainage nutrition maintenance of cleandressings, and circulatingfluid volume are equallyimportant. The haemodynamics of the patient should be addressed s the oxygen-carrying capacity influences both wound healing and prevention of infection (Osborne, 1991; Shelton, 1992). The penetrating injuries to the face cancause minor or major devastating consequences. The general condition of the patient, timing and treatment sequencing, extent ofdamage, proper reconstruction method and rehabilitation arehelpful for thefinal functional and aesthetic outcome (Motamedi, 2007).

Conclusion

Even with a comprehensive primary management approach, penetrating maxillofacial injuries are associated with a significantnumber of residual problems. The majority of these, however, canbe addressed as an outpatient basis. Treatment options necessitate clinical judgement and no strict protocol can be uniformlyapplied to all patients. With the antibiotics and surgical hardwareat hand, the majority of maxillofacial penetrating injuries can betreated definitively at the time of debridement when the general status of the patient permits and when this is in the best interest ofthe patient.

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