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RESEARCH ARTICLE

STUDY OF INCIDENCE OF METOPIC SUTURE IN ADULT SKULLS

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ABSTRACT

Background: The Metopic or Frontal Suture is formed at the meeting of the two halves of Frontal bone, in the midline. At birth the bone consists of two halves, the median surface usually disappears at about 8 years of age. Metopism is totally or partially persisting suture extending from anterior angle of the bregma of frontal bone to the nasion.

Materials and Method: An observational study was carried out on 50 dry adult human skulls which were used from the Department of Anatomy, Saveetha Dental College, Chennai, India, to study the incidence of metopic suture.

Result: The incidence of metopic suture was none in complete metopic suture, incomplete metopic suture was 20%. Among the incomplete ones, linear was found in 6 skulls (10%). 'V' shaped in 1 skull (1.6%) and 'U' shaped type in 5 skull (8%).

Conclusion: The knowledge of metopic suture is very important in radiological and orthopaedic surgeons during their practice in head injuries and it also important in practice of anthropologists and neurosurgeons.

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INTRODUCTION

The frontal or the metopic suture is formed at the meeting of the two halves of the frontal bone which extends from the anterior angle of bregma to the nasion. The frontal bone forms the skeleton of the forehead which articulates inferiorly with the nasal and zygomatic bones. Metopic suture results when the suture between the two halves of the frontal bone fails to close. Among the incomplete ones, linear was found in 5 (5%), 'V' shaped in 1 (1%) and 'U' shaped type in 1 (1%) cases. Metopic suture usually starts to close in the second year of life and is usually completely obliterated within short duration of time. There is a continuous radial bone expansion in the second trimester and delineation of metopic suture occurs. In third trimester there is closure of metopic suture radiating from glabella and ascending upwards towards anterior fontanelle (Castilho et al., 2006). Its presence in a fetal skull, along with other cranial sutures and fontanelles, provides a malleability to the skull that can facilitate movement of the head through the cervical canal and vagina during delivery. The dense connective tissue found between the frontal bones is replaced with bone tissue as the child grows older. Metopic sutures are either complete or incomplete. Metopism is a condition where the metopic suture completely extends from the bregma to the nasion (Bilodi et al., 2003). If the suture is not present

throughout and occupies a small part between the bregma and nasion it is considered as incomplete metopic suture (Bademci et al., 2007). Incomplete metopism is present in different shapes, U shaped, linear shape and V shaped of which linear shape is most common. This is very important for neurosurgeons as fracture of frontal bone is most common in metopic suture (Castilho et al., 2006). When the Metopic suture is persistent, it is present as a typical dentate suture and about 2 cms anterior to the Coronal suture, which becomes more direct and simple, termed as pars bregmatica. It is also important for paleodemography and forensic medicine (Hauser et al., 1991). The persistence of the metopic suture has been reported in frequencies ranging from 1% to 12% of skulls. According to Romanes, the metopic suture is present at birth but is normally closed by the fifth or sixth year, only traces of it being left above and below (Romanes, 1972). Moreover, according to Baaten et al, people who live in rural areas have a higher incidence of metopism compared to people living in urban areas, with ratios of 4:1 and 4:2 respectively (Agarwal et al., 1979). Fakhruddin and Bhalerao (1967) observed incidence of Metopism to be about 2% in Indian 8 skulls, Dixit & Shukla (1968) 2.53% in skulls from UP (Fakhruddin and Bhalerao, 1967). Among the incomplete ones, linear was found in 5 (5%), 'V' shaped in 1 (1%) and 'U' shaped type in 1 (1%) cases. In

the present study, the objectives were to determine the incidence of metopic sutures and their extent.

MATERIALS AND METHODS

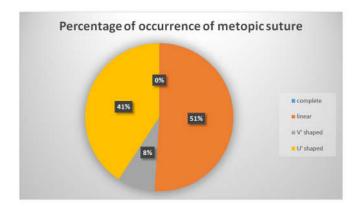
A total of 60 dry human skulls were used from the Department of Anatomy of Saveetha Dental College, Chennai for this observational study to determine and the study about the incidence of metopic suture. The extent of the metopic suture was also observed (complete or incomplete). The incomplete ones were classified as linear type, 'V' shape and 'U' type. Thereafter, they were observed for the presence of metopic suture or its remnants. Its length was measured with the help of thread spread straight from nasion to bregma. The data collected was tabulated using Microsoft excel worksheet. Photographs were taken of the metopic suture.

RESULTS

The incidence of metopic suture was 20% of which complete metopic suture was none and incomplete metopic suture was in 12 skulls (20%). Among the incomplete ones, linear was found in 6 skulls (10%), 'V' shaped in 1 skull (1.6%) and 'U' shaped type in 5 skulls (8%).

Table 1. Incidence of Metopic suture

Type of suture	Number	Percentage
Complete	0	0%
Incomplete		
Linear	6	10%
'V' Shaped	1	1.6%
'U' Shaped	5	8%
Total	12	20%



'V' shaped metopic suture



U shape metopic suture



Linear metopic suture



DISCUSSION

The incidence of metopic suture varies from different races. The prevalence of metopic suture can be due to various causes such as abnormal growth of cranial bones, heredity, sexual, hormonal influence, growth interruption, atavism and cranial malformations. Maximum incidence of metopic suture was reported by Agarwal et al (1979), as 38.17% in Indian skulls, but incidence of Metopism observed by him was comparatively low, i.e. 2.66% (Agarwal et al., 1979). Pankaj R study showed the incidence of metopic sutures in Indian adults was complete metopic suture (1.25%) and incomplete suture was (22.5%) (Wadekar et al., 2014). Bryce et al reported metopism is present in 8.7 % of European skulls, 9.5 % of Scottish skulls, 1.2 % of Negroes, 5.1 % of Mongolian skulls and 1% of Australian skulls. The incidence of metopism is about 10% in Whites and Mongoloids and only 2 % in Negroids (Bryce, 1915). Ajmani et al carried out a study on 206 adult Nigerian skulls for the incidence of the metopic suture. They noted that metopism was present in 3.4% of cases, but an incomplete metopic suture was observed in 34.97% of the skulls (Ajmani et al., 1983). Inderjit and Shah (1948) described variations in lower part of Frontal bone Y-shaped (in 1.25% cases), Vshaped (in 11.25% cases) and H-shaped (in 10 1.25% cases) while Das et al (1973) described the variations as a single linear midline suture (in 17.57% skulls), U-shaped (in 1.01%), V-shaped (in 1.93% skulls) and Y-shaped (in 0.28% skulls) (Inderjit and Shah, 1948). According to Baaten et al, people

who live in rural areas have a higher incidence of metopism compared to people living in urban areas, with ratios of 4:1 and 4:2 respectively (Baaten et al., 2003). In this study 50 dry adult human skulls were analysed for the incidence of metopic suture. The total percentage of skulls with metopic suture was 20% of which there were no presence of complete metopic sutures and 12 skulls (20%) were incomplete metopic suture. The prevalence of 'U' shaped sutures was in 5 skulls (8%), 'V' shaped suture was in 1 skull (1.6%) and linear suture was 6 skulls (10%). In a head injury patient, there is a chance that the presence of the metopic suture may be enormously interpreted as a vertical fracture. It was reported that reconstructed tomography scans are superior to the plain X- ray films in the emergency setting. The information about metopic sutures is useful for forensic experts and radiologists. The morphological details of the metopic suture are important for the clinician from radiological and surgical point of view. To prevent confusion and a wrong diagnosis in emergency situations, while reading the X-ray/ CT and MRI films, the possibility of the metopic suture should be kept in mind (Bademci et al., 2007).

Conclusion

Incidence of metopic suture was found to be in 12 skulls (20%). Persistent metopic suture may be wrongly diagnosedas a vertical skull fracture hence clinicians and surgeons should take this into consideration during diagnosis. It is important for forensic experts, neurosurgeons, maxillofacial surgeons, ENT surgeons and orthopaedic patients. Persistence of metopic suture is a useful guide in the identification of a person. Due to the paucity in the availability of the skulls, a lesser number of sample size was taken in our study.

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