



RESEARCH ARTICLE

IDENTIFICATION AND ESTIMATION OF PHYTOCHEMICALS AND EVALUATION OF ANTICANCER ACTIVITY OF *LAGENARIA SICERARIA* LEAVES AND FRUIT EXTRACT

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ABSTRACT

Cancer is one of the leading causes of mortality worldwide. The present study was carried out to evaluate the anti-cancer activity of methanolic extract of *Lagenaria siceraria* on skin Papilloma model in mice. *Lagenaria siceraria* leaves and fruit extract against 7, 12 - dimethylbenz (a) anthracene (DMBA) induced papillomagenesis in Swiss albino mice was studied. The methanolic extract of *Lagenaria siceraria* was analyzed for chemopreventive activity. It was evaluated by two stage protocol consisting of initiation with a single topical application of a carcinogen (7, 12 - dimethylbenz (a) anthracene (DMBA) followed by a promoter (croton oil) two times in a week were employed. A significant reduction in tumor incidence, tumor burden and cumulative number of papillomas was observed, along with a significant increase in average latent period in mice treated topically with *Lagenaria siceraria* extract as compared to the control group treated with DMBA and croton oil. The Phytochemical analysis of methanolic extract of leaves and fruits of *Lagenaria siceraria* showed presence of Alkaloids, triterpenoids, flavonoids steroid, glycoside, tannin resin and saponin. However in methanolic extract of fruits of *Lagenaria* shows presence of all above compounds except alkaloids. The carbohydrate and protein were present in fruit extract which were absent in leaves sample. The above studies revealed information about the anticancer activity of *Lagenaria siceraria* extracts.

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INTRODUCTION

Cancer is one of the most fatal diseases in human population and one of the most frequent causes of death worldwide. An extremely promising strategy for cancer prevention today is chemoprevention which is defined as the use of synthetic or natural agents (alone or combination) to block the development of cancer in humans. Plants, vegetables and herbs used in the folk and traditional medicine have been accepted currently as one of the main sources of cancer chemoprevention in drug discovery and development. Plant derived natural products such as flavonoids, terpenoids alkaloids and steroids have received considerable attention due to their diverse pharmacological properties which include cytotoxic and chemopreventive effects (Abdullaev, 2001; Uddin *et al.*, 2003; Koduru *et al.*, 2006; Zahan *et al.*, 2011; Sodde *et al.*, 2011; Kundu Sen *et al.*, 2011). The plant, *Lagenaria siceraria* (Mol.) Stanley from Cucurbitaceae family, popularly known as bottle gourd (English), has wide occurrence

throughout India as an edible vegetable. It is a pubescent or trailing herb, with bottle or dumb-bell shaped fruits. Both of its aerial parts and fruits are commonly consumed as vegetable. Traditionally it is used as medicine in India, China, European countries, Brazil, Hawaiian island etc. for its cardiotoxic, general tonic, diuretic, antiproliferative properties (Kirtikar and Basu, 2003). Further, antihepatotoxic, analgesic, anti-inflammatory, hypolipidemic, antihyperglycemic and antioxidant activities of its fruit extract have been reported (Deshpande *et al.*, 2008; Deshpande *et al.*, 2007; Ghule *et al.*, 2006a, b; Shirwaikar and Sreenivasan, 1996). *Lagenaria siceraria* fruits are good source of Vitamin B complex, ascorbic acid, fibers, proteins, cucurbitacins, saponins, fucosterols and compesterols, polyphenolics, flavones-C-glycoside (Ghule *et al.*, 2006b; Shirwaikar and Sreenivasan, 1996; Krauze-Baranowska and Cisowski, 1994; Duke, 1999; Sturm and Stuppner, 2000). Methanol extract of its leaves was reported the presence of sterols, polyphenolics, flavonoids, saponin, protein and carbohydrates (Shah and Seth, 2010). A novel protein, Lagenin from its seeds was reported antitumor, immunoprotective and antiproliferative properties (Wang and Ng, 2000). The present investigation was therefore,

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carried out to evaluate anticancer activity of methanol extract of *L. siceraria* leaves and fruit against Skin Papilloma tumor model in mice and identification of phytoconstituents present in fruit and leaves of *Lagenaria siceraria*.

MATERIALS AND METHODS

Phytochemical analysis:

Preliminary phytochemical screening of the extract was carried out using standard methods (Kokate, 1994).

Collection and identification of plant material

The plant of *L. Siceraria* was collected from garden of agriculture college Sehore (Madhya Pradesh India). The identification of the plant *Lagenaria siceraria* (family: *cucurbitacea*) was done by Dr. Manoj Tripathi (Voucher Specimen TFRA/AS/S/115), Deendayal Research Institute, Chitrakoot, Satna Madhya Pradesh (India) The project was approved by Institutional Animal Ethical Committee (IAEC). Project no 5 Ref no 670/2251. The experiment was carried out according to the committee for the purpose of control and supervision of experiments on animal (CPCSEA) guidelines.

Extraction Procedure

The leaves and fruits of *L.Siceraria* was dries in shade and powdered with mechanical grinder. The powder was passed through sieve no 40 and stored in airtight container for further studies. About 50 gm of *L.Siceraria* leaves and fruits powder was kept in petroleum ether to de fat for 1hr and to remove the lipid present in plant material. The powder (*L. Siceraria* leaves and fruits) was dried in filter paper. After dry it was poured in separating funnel for extraction using 50% methanol solvent at room temperature for 24 hr and then filtered. Again the 50% methanol solvent was added and allowed to stand for overnight and then filtered to concentrated it. The filtrate was kept at 55-60°C in water bath. The collected residue was finally transferred into the hot air oven to dry it. About 14 gm crude extract was obtained which was used for the studies. The yield of methanolic extract was 30%. The determination of Alkaloid by Harborne (1973) method, Flavonoid by Bohm and Kocipai – Abyazan (1994) method and saponin by Obadani and Ochako (2001) method was done.

HPTLC fingerprint profile

HPTLC fingerprinting of methanolic extract of the leaves and fruit of *Lagenaria sciceria* was carried out by using Ethyl acetate: Methanol: Water (10:13.5:10) solvent system. A total number of 8 spots (peaks) at different Rf values and peak area at 366 nm were observed in the HPTLC chromatograms while 4 peaks were observed in HPTLC chromatogram at 254 nm. The total number of phytoconstituents (no. of peaks) in the extract and their retention factors (Rf) are given in the Table and chromatographic profile had been shown in Plate 1 & Table 4.

Animals

The random breed, 6-7 weeks old male *Swiss albino* mice of weight 25±2 gm body were used in the study. These mice were

maintained under controlled conditions of temperature (25±2 °C) and light (12 light: 12 dark). They were fed on standard mice feed procured from Golden feeds, New Delhi and water was given ad. libitum. One day before the commencement of the experiment, hairs on the interscapular region of the mice were removed using hair removing cream.

Chemicals

7, 12-dimethylbenz (a) anthracene (DMBA), and Croton oil were procured from Sigma chemicals Co., St. Louis, U.S.A. and other chemicals were procured locally and were reagent grade.

Procedure

Experiment was performed as per the method reported by Berenblum (1975) and standardized by us (Agrawal *et al.*, 2009). The animals were randomly divided into different groups and each group comprised of six animals. Hairs were removed with the help of hair removing cream from the dorsal region with proper care in the area of 2cm² in all the groups. 100 µg DMBA was dissolved in 100µl acetone and was given initially and 1% Croton oil was given 2 times a week up to 16 weeks. Skin tumor formation was recorded weekly and the papillomas greater than 1mm in diameter and if they persisted two weeks or more were included in to counting of total number of papillomas / mouse, Tumor incidence and tumor yield was also calculated. The animals were divided into 8 different groups for each extract as follows: Total No. of animals for each group were 6

Treatment Groups

Group I (Vehicle Control) - 100µl acetone 2 times/ week up to 16 weeks.

Group II (DMBA alone)-100 µg DMBA was dissolved in 100µl acetone and single application was given.

Group III (Croton oil alone)-1% Croton oil was applied on the skin 2 times a week up to 16 weeks.

Group IV (DMBA+Croton oil)- 100 µg DMBA was dissolved in 100µl acetone and single application was given afterwards, 1% Croton oil was applied on skin 2 times a week up to 16 weeks.

Group V *L.siceraria* leaves extract alone)- *L.siceraria* leaves Methanolic extract alone was applied (3000mg/kg body wt.) on skin 2 times a week up to 16 weeks.

Group VI (*L.siceraria* fruit extract alone)- *L.siceraria* fruit Methanolic extract (3000mg/kg body wt.) was alone applied on skin 2 times a week upto 16 weeks.

Group VII (DMBA+*L.siceraria* leaves extract + Croton oil)- 100 µg DMBA was dissolved in 100µl acetone and single application was given afterwards the 100µl dose of *L.siceraria* leaves Methanolic extract at the dose of 3000mg/kg b.wt. was given one hour before each application of 1% Croton oil 2 times a week up to 16 weeks.

Group VIII (DMBA+ *L.siceraria* fruit extract + Croton oil)- 100 µg DMBA was dissolved in 100µl acetone and single application was given afterwards the 100µl dose of *L.siceraria* fruit Methanolic extract at the dose of

3000mg/kg b.wt. dose was given one hour before each application of 1% Croton oil 2 times a week up to 16 weeks. Cumulative No. of Papillomas, Tumor Incidence, Tumor Yield, Tumor burden. Average latent period were calculated and the differences of the tumors among different groups were considered to be significant at 5% significance level ($p < 0.05$) which were evaluated by Student's 't' test.

RESULTS

The Phytochemical analysis of methanolic extract of leaves of *Lagnaria sciceria* shows presence of Alkaloids, triterponids, flavonids steroid, Glycoside, tannin Resin and Saponin However in methanolic extract of fruits of *Lagnaria* shows presence of all above compounds except alkaloids. It also shows presence of carbohydrate and protein which are absent in leaves sample. (Table 1) Table 2 shows the quantitative

Table 1. Preliminary phyto-chemical screening of *Lagnaria sciceria* methanolic extract

| S. No. | Name of Experiments | Observation | Result (Leaf) | Result (fruit) |
|--------|-----------------------------|--|---------------|----------------|
| 1. | Alkaloids | | | |
| | a) Mayer' test | Yellow colour appear | Present | Absent |
| | b) Wagner's test | Brown colour appear | Present | Absent |
| | c) Dragendorff's test | Orange colour appear | Present | Absent |
| 2. | Carbohydrate | | | |
| | a) Anthrone's test | Dark colour appear | Absent | Present |
| | b) Fehling's test | Green colour appear | Absent | Present |
| | c) Molisch's test | No red – violet ring disapper | Absent | Present |
| 3. | Proteins | | | |
| | a) Bieuret's test | Green colour appear | Absent | Present |
| | b) Millon's test | White ppt are not appeared | Absent | Present |
| 4. | Triterpinoids test | | | |
| | a) Libermann's Buchard test | Violet colour ring is formed | Present | Present |
| 5. | Resins | Turbidity are seen | Present | Present |
| 6. | Saponins | Honey comb – like structure are form | Present | Present |
| 7. | Starch | Red colour is formed | Absent | Absent |
| 8. | Flavonoid | | Present | |
| | a) Ferric chloride test | Reddis pink colour is appear | Present | Present |
| | b) Alkaline reagent test | On addition of dilute acid yellow colour disappear | Present | Present |
| 9. | Steroid | | | |
| | a) Salkowski's reaction | A red colour is disappear in the chloroform layer | Present | Present |
| 10. | Glycoside | | | |
| | a) Borntrager's Test | Colour is change | Present | Present |
| 11. | Tannin | Greenish colour appear | Present | Present |
| | a) Lead acetate Test | Reddish brown bulky ppt. are formed | Present | Present |

Table 2. Quantitative Phyto-chemical Analysis *Lagineria sciceraria* (Leaves & Fruit)

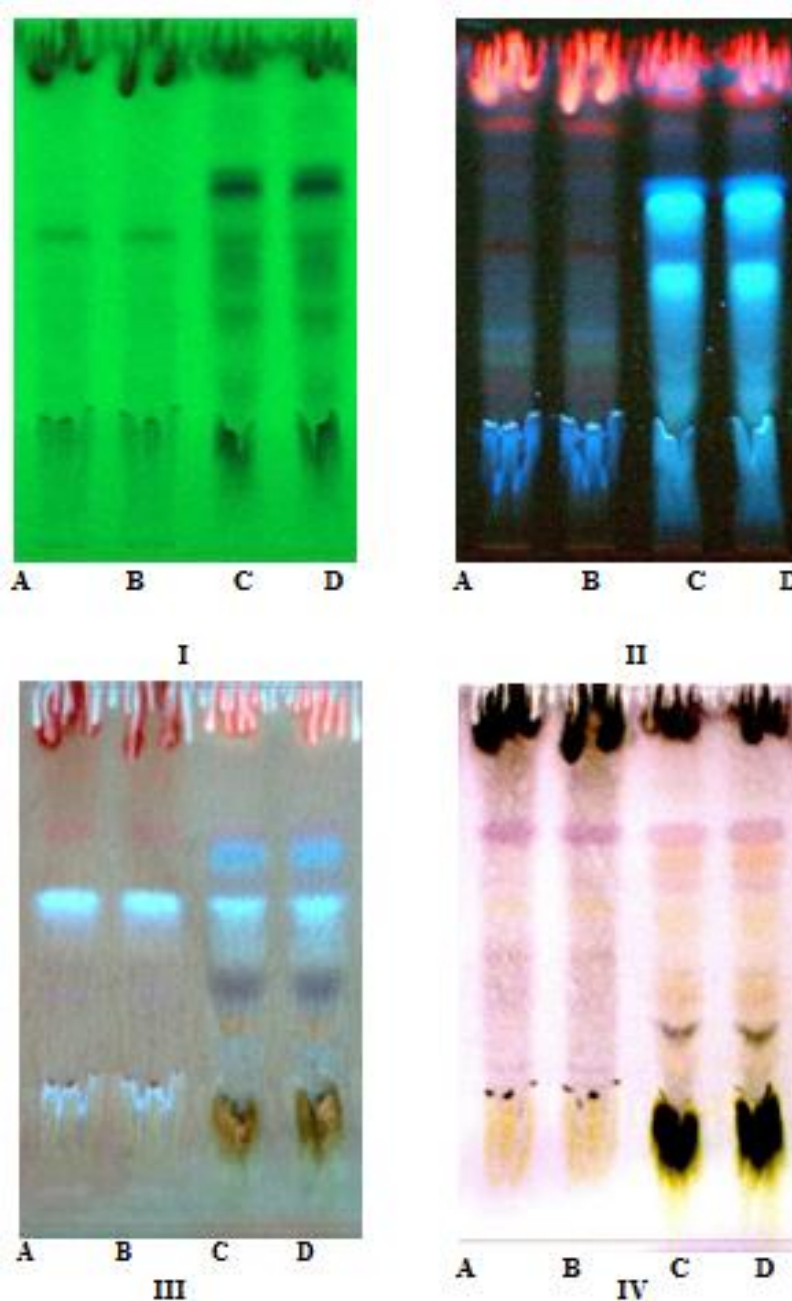
| S. No. | Name of tests | Sample-1 (<i>Lagineria sciceraria</i> (Leaves)) | Sample-2 (<i>Lagineria sciceraria</i> (Fruit)) |
|--------|---------------|--|---|
| 1 | Alkaloids | 1.7642% | 2.4878% |
| 2 | Flavonoids | 10.5794% | 34.0275% |
| 3 | Saponins | 23.4551% | 23.5079% |

Table 3. Cumulative No. of Papilloma in the animals treated with *Lagnaria leaves and fruit extract*

| Groups | Treatment | Bodyweight (Mean±SEM) | | Cumulative no. of Papilloma | Tumor Incidence (%) | Tumor Burden | Tumor Yield | Average Latent Period | Number of Papilloma with Tumor size, mm |
|------------|---|-----------------------|--------------|-----------------------------|---------------------|--------------|-------------|-----------------------|---|
| | | Final | Final | | | | | | |
| I (n=6) | Vehicle alone (100µl acetone) | 27.6±2.2 | 31.60 ± 0.36 | - | - | - | - | - | |
| II (n=6) | DMBA alone (104µg/100µl acetone) | 26.7±1.6 | 35.6 ± 0.63 | - | - | - | - | - | |
| III (n=6) | Croton oil(100µl of 1% concentration) | 27.0±1.5 | 30.9±1.1 | - | - | - | - | - | |
| IV (n=6) | <i>L.siceraria</i> leaves extract alone (3000mg/kg b.wt.) | 27.0±1.5 | 29.9±1.1 | - | - | - | - | - | |
| V (n=6) | <i>L.siceraria</i> fruit extract alone (3000mg/kg b.wt.) | 27.0±1.5 | 29.9±1. | - | - | - | - | - | |
| VI (n=6) | DMBA (104µg/100µl acetone)+ Croton oil(100µl of 1% concentration) | 20.74±1.2 | 25.99±0.6 | 25 | 6/6 100% | 3.83± 0.91 | 3.83± 0.91 | 8.60±1.78 | 17 8 |
| VII (n=6) | DMBA + Croton oil + <i>L.siceraria</i> leaves extract (3000mg/kg) | 27.35±0.39 | 28.9±0.5 | 7 | 3/6 50% | 1.16± 0.59* | 2.1± 0.55* | 13.43± 2.6 | 5 2 |
| VIII (n=6) | DMBA + Croton oil + <i>L.siceraria</i> fruits extract (3000mg/kg) | 26.6 ± 0.56 | 29.66 ± 0.48 | 11 | 4/6 66.66% | 1.83±0.80 | 1.83±0.80 | 2.75±0.25* | 10 1 |

| R _f Values | Before derivatization | | | |
|-----------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| | At 254nm | | At 366nm | |
| | Track-A&B (Sample -1, Leaf) | Track-C&D (Sample-2, Fruit) | Track-A&B (Sample -1, Leaf) | Track-C&D (Sample-2, Fruit) |
| R _{F1} | 0.61(black) | 0.45 (black) | 0.37(greenish yellow) | 0.53 (sky blue) |
| R _{F2} | - | 0.59(black) | 0.43 (blue) | 0.67 (sky blue) |
| R _{F3} | - | 0.70(black) | 0.60 (brownish red) | 0.72 (blue) |
| R _{F4} | - | - | 0.83 (red) | 0.83 (red) |
| | After derivatization | | | |
| | At 366nm | | At visible light | |
| | Track-1&2 (Sample -1, Leaf) | Track-3&4 (Sample-2, Fruit) | Track-1&2 (Sample -1, Leaf) | Track-3&4 (Sample-2, Fruit) |
| R _{F1} | 0.60(sky blue) | 0.37 orange | 0.60 (light yellow) | 0.37 (green) |
| R _{F2} | 0.73 (pink) | 0.60 (sky blue) | 0.73 (pink) | 0.69 (orange) |
| R _{F3} | - | 0.68 (blue) | - | 0.73 (pink) |

Plate-1: HPTLC Fingerprint Profile *Lagenaria siceraria* (Leaf & Fruit)
Solvent System : Ethyl acetate: Methanol: Water (10:13.5:10)
Derivatizing Reagent: Vanillin Sulphuric Acid



I=254nm; II=366nm; and after derivatization III=366nm; IV=Day Light; Track-A&B= Sample-1(Leaf) and Track-C&D= Sample-2 (Fruit)

determination of methanolic extract of leaves *Lagnaria sciceraria* Alkaloids (1.76%), Flavonoids (10.57 %) and Saponins (23.45 %) where as in methanolic extract of fruits of *Lagnaria sciceraria* Alkaloids (2.48 %), Flavonoids (34.02 %) and Saponins (23.50 %) were estimated. The above compounds have been detected also by HPTLC fingerprinting which shows the Rf Values of the different compounds. The findings of the present antitumour study are depicted in Tables 3. Animals of Group- VI (control) in which a single topical application of DMBA, followed by croton oil produced skin papillomas, which started appearing from the 5th week onwards. The incidence in DMBA/croton oil treated mice (carcinogen control) reached 100% by the termination of the experiment (i.e. 16 weeks). In the skin papilloma model, significant prevention of tumor incidences was observed in the *Lagnaria sciceraria* extract treated experimental groups (50 % and 66 %) in group VII and VIII respectively as compared to carcinogen control (100 %) group. The cumulative number of papillomas was also reduced in the *Lagnaria sciceraria* leaves and fruit extract treated experimental groups (7 in group VII and 11 in group VIII) as compared to carcinogen control (25) group. The tumor burden and tumor yield were significantly decreased (1.16 and 1.83) as compared to DMBA croton oil treated control (3.83) group.

DISCUSSION

Chemoprevention is currently an important strategy for controlling the process of cancer induction. Therefore, there is a need to explore medicinal plants or other natural agents that can work as chemopreventive agents. The current study demonstrates the chemopreventive potential of *Lagnaria sciceraria* extracts of leaves and fruit on DMBA-induced skin tumorigenesis in male Swiss albino mice. The skin carcinogenesis model in experimental animals has been found to be a very useful system for investigating the influence of dietary chemopreventors both mechanistically and operationally (Kausar *et al.*, 2003). The present study demonstrated that topical application of the *Lagnaria sciceraria* methanolic extracts of leaves and fruit (3000 mg/kg body weight) at the pre promotion phase showed a significant reduction in tumor incidence, tumor burden, tumor weight, tumor size, and cumulative number of papillomas in *Lagnaria sciceraria* treated groups relative to the carcinogen treated control. The mechanism of anticarcinogenic activity of *Lagnaria sciceraria* extract has not been well documented. However, evidence has been accumulated to suggest that this is perhaps due to reactive oxygen species. Which play an important role in tumor initiation/promotion by enhancing or facilitating the metabolic activation and/or initiating effects of carcinogens (Ather 2002). The plant extract may have inhibited the metabolism of DMBA to its active form, delayed the promotion phase of carcinogenesis, or down regulated reactive oxygen species formation (Kausar, 2003; Sancheti, 2005 and Kumar *et al.*, 2006). There are few reports about the cytotoxic and antiproliferative effects of *Lagnaria sciceraria* in In vitro cell lines (Navneet *et al.*, 2013). Plant derived natural products such as flavonoids, terpenoids alkaloids and steroids have shown cytotoxic and Chemopreventive effects (Abdullaev, 2001; Uddin *et al.*, 2003; Koduru *et al.*, 2006; Zahan *et al.*, 2011; Sodde *et al.*, 2011; Kundu Sen *et al.*, 2011)

The phenols or phenolics and flavonoids, (polyphenolic compounds) are important secondary metabolites of plants and these compounds are natural antioxidants which have wide spectrum pharmacological potentials e.g., anti-allergic, antibacterial, anticancer, anti-inflammatory, neuroprotective activities. The HPLC technique is an important analytical tool for identification, detection, separation, and some other assessments of plants and their products. A total number of 8 peaks at different Rf values and peak area at 366 nm were observed in the HPTLC chromatograms while 4 peaks were observed in HPTLC chromatogram at 254 nm. The anticarcinogenic activity of *Lagnaria sciceraria* in skin papilloma model in Swiss albino mice was assured. The present study is immensely important because *Lagnaria sciceraria* is an important vegetable and medicinal plant.

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